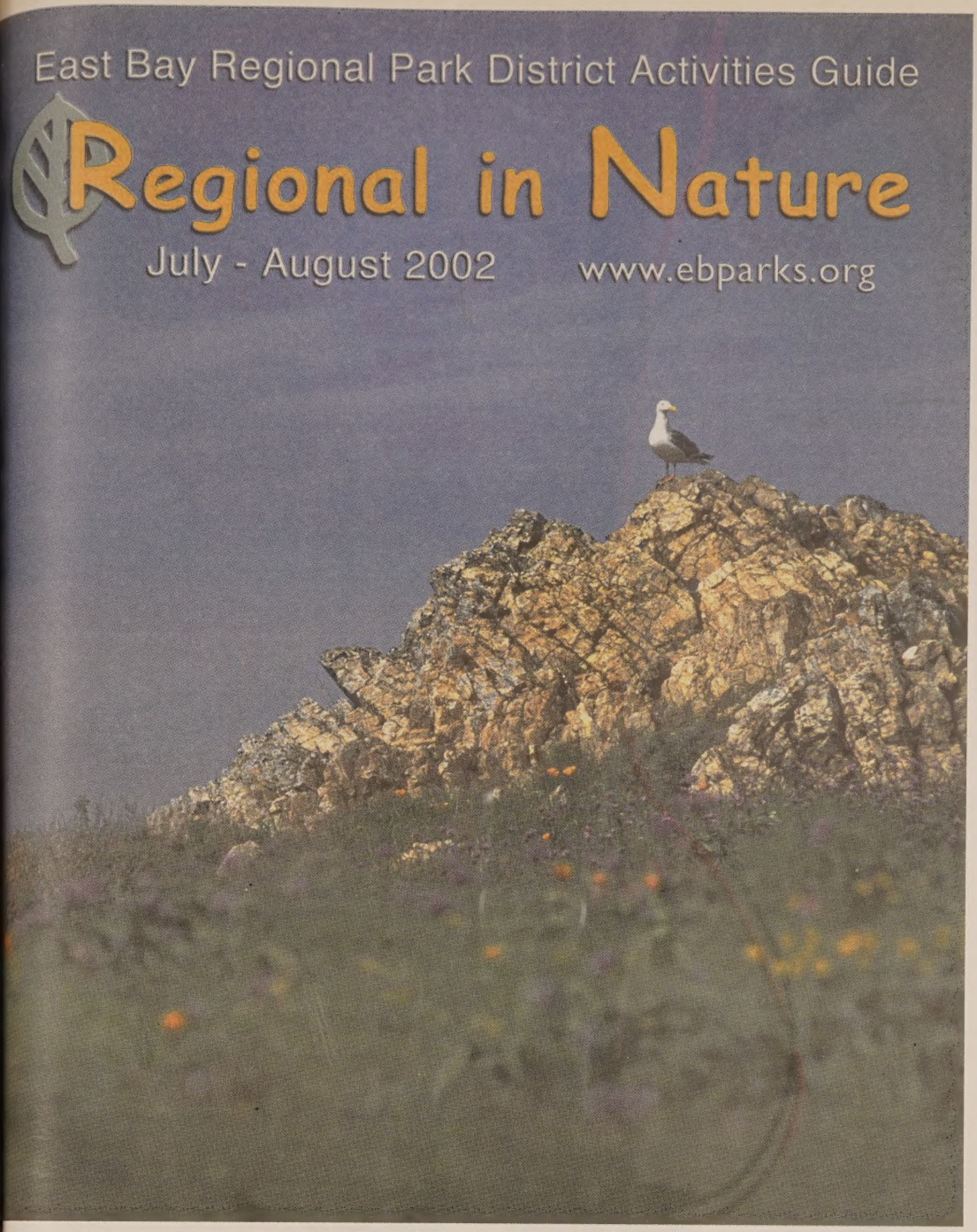
East Bay Regional Park District Activities Guide

Regional in Nature

July - August 2002 www.ebparks.org



Park District moves forward on key Carquinez acquisition

With an option payment of $50,000, East Bay Regional Park District has taken the first step towards purchase of a key property for Carquinez Strait Regional Shoreline in Martinez.

Located at 1001 Arabian Heights, a mile west of downtown Martinez, the 70-acre parcel is highly visible atop a ridge that is otherwise in open space. The property forms an inholding in the regional shoreline, and the route of the California State Riding and Hiking Trail, which is also the Bay Area Ridge Trail, runs through it.

Included on the parcel are a single family residence in good condition, a hay barn, two stables and a 5,000-gallon water tank.

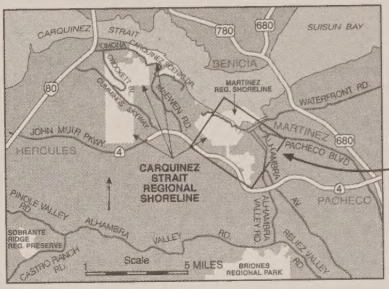
Payment of the option, and another $50,000 installment due in August, will give the Park District until Feb. 15, 2003, to complete the full purchase. Total purchase price is $1.3 million.

Source of funding for the option payment is Measure AA, the Park District's open space bond measure approved by voters in 1988.

In addition the Muir Heritage Land Trust is providing $80,000 to the acquisition project out of funds it has received from the federal Coastal Impact Assistance Program (CIAP), through which money is allocated to communities impacted by oil refineries and offshore drilling.

Rep. George Miller was instrumental in the passage of the CIAP legislation.

Owners of the property are Faye M. Perry and the estate of Ramona Schumann.



Detail area

> *"This will be a great addition to Carquinez Strait Regional Shoreline . . . It places almost all of Franklin Ridge in public ownership, eliminates an inholding, and completes a crucial link in the California Riding and Hiking Trail. –Board Vice President Ted Radke of Martinez."*

Quail making a comeback thanks to breeding program, habitat enhancement

With the help of a captive breeding program and a habitat expansion project, California quail are making a comeback in two parklands at opposite ends of the Regional Park District.

The captive breeding program has been under way since 1994 at Coyote Hills Regional Park in Fremont, and is close to achieving its goal.

Surrogate father of the Coyote Hills quail program is Dave Riensche, better known as "Doc Quack." Riensche was on the naturalist staff at Coyote Hills for many years, and now is a wildlife resource analyst at District headquarters.

Since he started the program, Riensche has hatched at home and released into the park approximately 350 baby quail. He also ran a "quail boot camp," in which the chicks were kept in a large coop while being conditioned to recognize and avoid predators. Even under ideal natural circumstances, there is about a 70 percent mortality rate among quail in the first year of life.

Photo by Nancy McKay

"Doc Quack" in his naturalist days.

There are 20 to 30 quail at Coyote Hills now. The goal is a population of 30 to 40.

At Contra Loma Regional Park in Antioch, there is already an indigenous quail population, but an effort is under way to expand quail habitat.

Most recently, some 200 volunteers participated in a quail habitat project at Contra Loma on Earth Day. Under the direction of Ranger Susan Moser, the volunteers installed fencing, a water tank, and a drip irrigation system for quail-friendly plants. They also constructed quail-sheltering brush piles.

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Wildlife management has to strike a delicate balance, Riensche noted. For example, a certain amount of grazing is advantageous for quail. The birds prefer grass that is between six and 12 inches high, because it conceals them while still enabling them to see the bobcats and hawks that prey on them. Higher grass restricts their vision, with sometimes fatal results.

Quail are an indicator species, Riensche said. If the quail population declines, then other birds will go too, such as wrens, spotted towhees, and the California thrasher.

ABANDONED CATS A DANGER

A factor that has a serious impact on the population of quail and other native species is the presence of feral cats.

"In park areas with feral cat colonies, quail will disappear," Reinsche said. Citing 50 years of study on four continents, he said that no matter how much food is put out, free-roaming cats will not stop hunting, whether they have been neutered or not. "Cats hunt because they are hunters," Riensche noted.

Cats don't just hunt birds, either. They will go after rodents, reptiles and amphibians.

It is illegal to abandon any unwanted animal in the regional parks, whether it's a cat, dog, snake, goldfish, frog or other creature. To protect endangered species, the Park District has permission from state and federal agencies to trap feral cats and turn them over to the animal control authorities in each county.

If you have an unwanted pet, instead of abandoning it in parks or open space, contact your city or county animal control office, or the local humane society. There are animal adoption groups available for cats, dogs, and even reptiles.

Riensche himself has a striped cat named Tigger, which was abandoned in his neighborhood by persons unknown, started hanging out at his house, and was adopted by his family.

Summer means fire trucks and an old-fashioned Independence Day at Ardenwood

Summer rolls into high gear during the next several weeks at Ardenwood Historic Farm in Fremont, with two crowd-pleasing events on the calendar.

The first is Fire Truck Day, which will take place on Saturday, June 22. Firefighters from local fire departments and the East Bay Regional Park District will be on hand to demonstrate their skills.

Modern and antique fire engines will be on display. Youngsters can meet Smokey Bear and learn about fire safety. There will be games, crafts, and a battle of the fire trucks (water fight).

Ardenwood's regular attractions also will be operating–horse-drawn train rides, blacksmith demonstrations, farmyard animals and tours of the historic Patterson House.

Ardenwood will celebrate the Fourth of July with an old-fashioned Independence Day, featuring special music, lawn games for kids and adults, and July 4th oratory by a staff member portraying a 19th century-era politician. Don't miss the ever-popular watermelon seed-spitting competition. There will be no fireworks display, and fireworks are not allowed at the park. Ardenwood's regular attractions will be available too.

Ardenwood is located at 34600 Ardenwood Boulevard, just north of Highway 84. Park hours are 10 a.m. to 4 p.m. Admission to Fire Truck Day is $5 for adults, $4 for seniors and the disabled, $3.50 for children and free for ages 3 and under. Independence Day admission is $7.50 for adults, $5.50 for seniors and children, and free for ages three and under. Parking is free at both events.

For more information on these and other Ardenwood events, phone the park at (510) 796-0663.

ALL PARKS OPEN FOR THE 4TH

All the regional parks will be open on July 4, with picnic sites available on a first-come, first-served basis–arrive early to have a choice of sites, especially at parks that have swim areas. Portable barbecues are allowed, but must be kept on lawn areas away from dry grass and brush.

Campsite reservations for the Fourth of July and other holidays should be made weeks in advance, because all available sites are booked quickly. For information, phone the Park District reservations office at (510) 562-2267.

NO FIREWORKS IN THE PARKS

No fireworks of any kind are allowed in the regional parks, not even the "safe and sane" variety, due to the high fire danger during the dry summer season.

Tilden's antique merry-go-round under repair

Repair work is continuing on Tilden Regional Park's antique carousel, which has delighted generations of East Bay children, and funds are being sought for restoration of the carousel animals.

The animals, which include horses, a dragon, a stork, zebras, goats, deer and a frog, were hand-carved from poplar by European and European-trained woodcarvers.

Restoring the carousel menagerie might cost as much as $10,000 per animal, because it is detailed, painstaking work on valuable antiques.

Funding for the additional restoration projects is being sought by the Regional Parks Foundation, a private, non-profit corporation that raises money in support of Park District programs and facilities

The merry-go-round was built in 1911 in Tonawanda, N.Y., by the Herschell-Spillman Co. Before arriving at Tilden in 1948, the carousel had seen service at amusement parks in San Bernardino, Ocean Beach and Los Angeles. It is listed on the National Register of Historic Places.

Recent inspections revealed that the gears regulating the up-and-down movements of the carousel animals needed to be replaced. However, the carousel's antiquity makes these repairs difficult. Spare parts simply do not exist, and have to be custom made.

Repairs are being accomplished by Brass Ring Entertainment, a carousel repair and restoration firm based in Sun Valley, California. Funds for the project are being provided from Proposition 12, the state park bond issue approved by voters in 2000.

Funds are also being sought for other restoration work on the carousel. These needs include restoration of the hardwood floor beneath the animals, and repair of the two organs that provide the carousel music.

The small band organ in the center of the carousel is part of the original equipment. It was modernized about 34 years ago and converted to play Wurlitzer perforated roll music, mainly because the original music was no longer available.

The large band organ outside the merry-go-round was built by B.A.B. Organ Co. of Brooklyn, N.Y., probably around the turn of the century. It is one of the finest ever built in the United States, and plays music from perforated paper rolls. But both organs are fragile and in need of repair.

To contribute to the carousel restoration fund, contact the Regional Parks Foundation at (510) 544-2003.

A related repair project on the carousel's snack bar is being carried out by the Park District's skilled craft staff. Kitchen furnishings, electrical lines, sewer and water pipes are all being modernized or replaced.

SCENE ON THE STRAIT 2002

Artists "paint the strait" at plein-air festival

A month-long series of public events and festivities–including two scenic regional park hikes–are planned during August in observance of "Celebrate the Strait," sponsored by the Carquinez Strait Heritage Area Committee.

The largest and most colorful will be "Scene on the Strait," an outdoor art and environmental festival on Saturday and Sunday, Aug. 10 and 11, at Martinez Regional Shoreline. The festival is the largest of its kind in California, running from 11 a.m. to 5 p.m. Saturday, and 11 a.m. to 4 p.m. Sunday.

The "Scene" will feature nationally-renowned artists painting on location, music by a jazz trio, food for sale, and information about the unique natural history of the Carquinez Strait.

There will be more than 250 paintings for sale depicting scenes painted throughout the Bay Area. Proceeds from the event will benefit the Carquinez Regional Environmental Center, which works with at-risk teens to improve the environment.

The East Bay Regional Park District is planning two hikes in celebration of the strait. The first will be from 9 a.m. to noon on Sunday, Aug. 25. Meet at the Nejedly Staging Area on Carquinez Scenic Drive west of downtown Martinez for a moderately strenuous three-mile hike to gain beautiful views of the Carquinez Strait.

The second hike will be from 6:30 to 8:15 p.m. Tuesday, Aug. 27, at Martinez Regional Shoreline. This is an easy, flat, two-mile stroll to learn about the history and culture of the town of Martinez. The starting point is the parking area on North Court Street, across the railroad tracks from the Amtrak station.

Naturalist Mike Moran will lead both hikes. For information, or hike reservations, phone (925) 757-2620. The hikes are free of charge.

ROBERTS POOL SWIM PROGRAMS

Roberts Pool in Oakland offers American Red Cross swim lessons with 4 to 6 students per instructor, with emphasis on personal safety and fun. Refer to the skill level descriptions below to determine placement, then check session dates and times for availability. If fewer than 4 students are registered in any one class, classes may be combined or canceled. No-shows on the first day of the session will be dropped unless advanced notification is given by calling (510) 482-0971.
Registration required: (510) 636-1684. Phone or walk-in registration only, no mail-in registration accepted.

SKILL LEVEL DESCRIPTIONS:
Parent/Preschooler–for children 3-5 years, must be accompanied by an adult in the water, designed to help young kids become comfortable in the water so they are ready to learn to swim. No pre-requisite.
Level I–Water Exploration: for age 5 and up, skills include bobbing, supported floating, blowing bubbles, kicking, and personal safety.
Level II–Primary Skills; for age 6 and older, skills include unsupported floating, kicking, finning, combined arm/leg locomotion, turning back-to-front and front-to-back, and personal safety. Pre-requisite: Level I skills.
Level III–Stroke Readiness: for age 6 and older, skills include object retrieval, jump/dive recovery, front/back crawl stroke, elementary backstroke kick, tread water, and personal safety. Prerequisite: Level II skills.
Level IV–Stroke Development: front/back crawl and elementary backstroke, introduction to breast stroke, side stroke, standing front dive, open turns at walls, rescue breathing, and CPR. Pre-requisite: Level III skills.
Level V–Stroke Refinement: continue Level IV strokes/turns, introduction to butterfly and personal safety while diving, spinal injury awarness. Pre-requisite: Level IV skills.
Level VI–Skill Proficiency: technique and endurance for Level V skills, turns for all strokes, additional safety and rescue skills. Pre-requisite: Level V skills.
Level VII–Advanced Skills: continued emphasis on technique and endurance, plus additional safety and rescue skills. Pre-requisite: Level VI skills.

MORNING SWIM LESSONS

Roberts Pool, Oakland Staff
Group lessons for all levels. Each session offers 10 half-hour lessons scheduled on weekday mornings for two consecutive weeks.
Fee: $45/session (Non-res. $51)

Session 1: 6/17-6/28 (Mon.-Fri.)
10-10:30am ... Levels I, II, V, VI-VII
10:30-11am ... Levels I, II, III, IV
11-11:30am ... Levels I, II, III, IV
11:30-noon .... Parent/Pre, I, II, III
Session 2: 7/1-7/12 (Mon.-Fri.)
10-10:30am ... Levels I, II, V, VI-VII
10:30-11am ... Levels I, II, III, IV
11-11:30am ... Levels I, II, III, IV
11:30-noon .... Parent/Pre, I, II, III
Session 3: 7/15-7/26 (Mon.-Fri.)
10-10:30am ... Levels II, III, IV, (VI-VII)*
10:30-11am ... Levels I, III, IV, (V)*
11-11:30am ... Levels I, II, III
11:30-noon .... Parent/Pre, I, II, IV
Session 4: 7/29- 8/9 (Mon.-Fri.)
10-10:30am ... Levels II, III, IV, (VI-VII)*
10:30-11am ... Levels I, III, IV, (V)*
11-11:30am ... Levels I, II, III
11:30-noon .... Parent/Pre, I, II, IV
Session 5: 8/12-8/23 (Mon.-Fri.)
10-10:30am ... Levels II, III, IV, (VI-VII)*
10:30-11am ... Levels I, III, IV, (V)*
11-11:30am ... Levels I, II, III
11:30-noon .... Parent/Pre, I, II, IV

***Note: Sessions 3, 4, and 5 offer extended 45-minute lessons for Levels V and VI-VII. Levels VI-VII: 10-10:45am.**
Level V: 10:45-11:30am.
Fee: $60/session (Non-res $66)

EVENING SWIM LESSONS

Roberts Pool, Oakland Staff
6-6:30pm
Group lessons for Parent/Preschoolers, and Adult Beginners and Intermediates. Each session offers 10 half-hour lessons scheduled on weekday evenings for two consecutive weeks.
Fee: $45/session (Non-res. $51)

Session A:
6/17-6/28 (Mon.-Fri.) Parent/Pre
Session B:
7/1-7/12 (Mon.-Fri.)
Parent/Pre, Adult
Session C: 7/15-7/26 (Mon.-Fri.)
Parent/Pre
Session D: 7/29-8/9 (Mon.-Fri.)
Parent/Pre, Adult
Session E: 8/12-8/23 (Mon.-Fri.)
Parent/Pre

PRIVATE SWIM LESSONS

Roberts Pool, Oakland Staff
Want to improve your swimming skills? Does your child need special attention? Need custom work on competitive strokes? These private lessons consist of one-on-one instruction to achieve maximum results. two day sessions.
Fee: $35/2 day session (Non-res. $39).

Dates: 6/24-6/27; 7/1-7/2; 7/8-7/11; 7/15-7/18; 7/22-7/25; 7/29-8/1; 8/5-8/8; 8/12-8/15; 8/19-8/22.
Times: 6:30-7pm, 7-7:30pm, 7:30-8pm, Mon/Tues or Wed/Thurs.

EVENING LAP SWIM

Roberts Pool, Oakland Staff
6-8pm, Mon.-Thurs. 6/17-8/22
6-7pm, Fri. 6/21-8/23
Swimming is one of the best fitness activities; enjoy your workout in a heated outdoor pool in the redwoods. Lane lines provided. (15+yrs)
Fee: $3/swim or $20/for 10 swims

RECREATION SWIM

Roberts Pool, Oakland Staff
11am-6pm, Sat, Sun. 3/23-10/13
3:30-5:30pm, Mon. 6/10-8/26
12:30-5:30pm, Tues.-Fri. 6/11-8/30
Enjoy swimming in an outdoor pool. Pool is 25 yards long, heated, disabled accessible; lifeguard service provided. 15-minute adult swim every hour. Children under 1 year get in free.
Fee: $2.50/adult,
$1.50/senior & disabled;
$1.50/child; $4 weekend parking fee

DISABLED SWIM

Roberts Pool, Oakland Staff
12:30-3:30pm, Mondays only: 6/10-8/26
Enjoy our completely accessible pool. This time is reserved exclusively for disabled guests and their families.
Fee: $2.50/adult;
$1.50/Senior & disabled;
$1.50/Child

PRIVATE POOL RESERVATIONS

Roberts Pool, Oakland Staff
M-F daytime only, 9/3-10/11
Roberts Pool is a perfect facility for a swim party. Lifeguard service is provided. 150 person maximum; alcohol not permitted.
Fee: Call
Reg. Required: (510) 636-1684

JUNIOR LIFEGUARD

9am-3pm, Mon.-Fri.
(2-week sessions)
See dates and locations be
Beach and water fun for you
Instruction in water safety, fir
aid, CPR, lifeguard skills and
equipment, and physical con
tioning. Emphasis is on self-
esteem, teamwork and fun. M
complete a 50-yard swim tes
first day. (9-15yrs)

Course # Date ..... Park Loc
1758 ... 6/17-6/28 ..Lake Anz
1759 ... 7/8-7/19 ....Lake Anz
1760 ... 7/29-8/9 ....Lake Anz
1761 ... 6/24-7/3 ....Contra
Loma*
1762 ... 7/8-7/19 ....Contra Lo
1763 ... 6/17-6/28 ..Coll Ge
1764 ... 7/8-7/19 ....Coll Ge
1765 ... 7/29-8/9 ....Coll Ge
1766 ... 6/17-6/28 ..Quarry La
1767 ... 7/8-7/19 ....Quarry La
1768 ... 7/29-8/9 ....Quarry La
1769 ... 6/17-6/28 ..Shadow
1770 ... 7/8-7/19 ....Shadow
1771 ... 7/29-8/9 ....Shadow
1772 ... 6/17-6/28 ..Temesca
1773 ... 7/8-7/19 ....Temesca
1774 ... 7/29-8/9 ....Temesca
Fee: $150/2-week session (non-res. $166).
One-time uniform fee: $30 includes T-shirt, hat, swim trunks with patch.
***Contra Loma session pric at $120 (non-res. $132).**
Reg. Required: (510) 636-

OPEN WATER

SNORKEL/ SCUBA EXPLORATION

Shadow Cliffs Local Dive
Ongoing, call for dates & ti
Snorkeling and scuba lessons f beginners, and specialty class certified divers. (12+yrs)
Fee: Call **Info: (510) 636-**

LAP SWIM

April-October during regul swim hours
Swim laps in a lake-no chlori walls, large lanes! Bring goggl kickboard, pull bouy and fins as desired.
Available at Lake Anza (Tilde Quarry Lakes, Shadow Cliffs Temescal
Fee: varies by facility
Info: (510) 636-1684

Ardenwood hours and admission

Open Tuesday-Sunday from 10 a.m. to 4 p.m. Patterson House tours and food service available Thursday-Sunday; horse-drawn train rides on Thursday, Firday and Sunday; blacksmithing demonstrations Thursday, Friday and Sunday, plus 1st & 3rd Saturdays. Program info: (510) 796-0663 or ardnwood@ebparks.org. Admission: Tues., Wed., Sat., $1 adults/seniors, 50 cents children, under 4 years free. Thurs., Fri., Sun., $5 adults, $4 seniors, $3 children, under 4 years free. Special event fees higher.

SPECIAL EVENTS

INDEPENDENCE DAY CELEBRATION

Ardenwood — Gaeta Bell & staff
10am-4pm, Jul 4 Th
Celebrate July 4th at Ardenwood with rousing patriotic music from a brass band on the lawn and fiddle music in the farmyard. Enjoy games, contests and races all day long. Test your skill at nail-driving, egg toss, watermelon seed spitting, join a bucket brigade and tug-o-war. Bring a picnic and spend the day the old fashioned way!
Special event fee
Info: (510) 796-0663

SUMMER CONCERT SERIES

Ardenwood
5:30-7:30pm, Jul 17, Aug 28 Wed
Join us for a free evening of live music on the Patterson House lawn. Bring a picnic dinner and enjoy the evening atmosphere! Sponsored by the City of Fremont. For more information call (510) 791-4196.
Info: (510) 796-0663

A WALK IN TIME: HISTORY/ART IN THE MAKING

Ardenwood
10am-4pm, Aug 17 Sa
Join us for a day filled with art, history and music and enjoy hands-on craft activities, demonstrations by local artists and children's games. Visit with local history groups, tour the elegantly restored Patterson House and vote for your favorite work of art. Sponsored by the City of Fremont.
Fee: Adult $1; Senior/child 50 cents
Info: (510) 796-0663

RAIL FAIR

Ardenwood — SPCRR
10am-4pm, Aug 31-Sept 2
Sat, Sun, Mon
Explore local railroad history, visit rail and hobo camps, ride horse-drawn and steam-powered trains, see model railroads and give a hand car a try.
Special Event Fee

FARMING

ANIMAL FEEDING

Ardenwood — Staff
3-5pm, Thursdays through Sundays
Slop the hogs, check for eggs, and bring hay to the livestock. Learn all the animals' favorite foods as you help shut the farm down for the evening.
Info: (510) 796-0663

COUNTRY KITCHEN COOKIN'

Ardenwood — Staff
10:30am-1:30pm, Jul -Aug Sundays
Enjoy the flavor of the past with treats cooked on our wood burning stove. Sample farmyard cookies and discover the history of the outdoor kitchen.
Info: (510) 796-0663

FARM CHORES FOR KIDS

Ardenwood — Christina Garcia
10:30-11:30am, Aug 10 Sa
There's always work to do on a farm. Come out and lend a hand with the morning chores. Help muck out the animal pens, weed in the potato patch and crack corn for the chickens.
Info: (510) 796-0663

DROP-IN KNITTING

Ardenwood — Elise McFarland
1-2:30pm, Jul 6 Sa
Learn to knit, or bring a project you're already working on as we discuss the history of this useful and relaxing art! All skill levels are encouraged to come; feel free to bring any projects you need help with.
Info: (510) 796-0663

FIELD TO FOOD

Ardenwood — Dave Cooke & staff
1-2:30pm, Jul 6 Sa
1-2:30pm, Jul 7 Su
1-2:30pm, Jul 13 Sa
1-2:30pm, Jul 14 Su
1-2:30pm, Jul 20 Sa
1-2:30pm, Jul 21 Su
Explore the steps involved in processing our wheat into flour. Lend a hand bringing in the sheaves, learn ancient and turn-of-the-century methods of threshing, and help mill the grain into flour. After some work we'll stop by the Country Kitchen for a tasty whole wheat treat fresh from the oven.
Info: (510) 796-0663

FARMYARD STORIES AND SONGS

Ardenwood — Tara Reinertson
11am-noon, Jul 7 Su
11am-noon, Jul 14 Su
11am-noon, Aug 3 Sa
Rise up singing and discover how stories and song can bring history alive. We'll sing and hear stories from the farm and then go and greet some of our farm animals and feed them a morning snack.
Info: (510) 796-0663

MORNING FARM WALK

Ardenwood — Christina Garcia
9:30-11am, Jul 13 Sa
Greet the day with a flat and easy 2 mile walk through the eucalyptus groves, walnut orchards and farm fields. See some historic sites and hear the stories of the people who once farmed this land. Meet at the Train Station; no admission fee.
Info: (510) 796-0663

BARNYARD BUDDIES

Ardenwood — Staff
10:30-11:30am, Jul 7 Su, Jul 13 Sa
Here's your chance to get up close to all your favorite barnyard pals. Feed the goats a snack, pet a bunny, greet the heifers and tickle a chicken (if you dare).
Info: (510) 796-0663

OLD-FASHIONED ICE CREAM

Ardenwood — Staff
2-3pm, Jul 13 Sa
2-3pm, Jul 27 Sa
2-3pm, Aug 4 Su
2-3pm, Aug 10 Sa
2-3pm, Aug 18 Su
2-3pm, Aug 24 Sa
Invented in 1846, the hand cranked ice cream freezer made frozen desserts fashionable at Victorian dinner parties. While turn-of-the-century chefs experimented with cucumbers, spinach, and curry, we'll stick to flavors that have stood the test of time as we crank up a batch of this all-American treat.
Info: (510) 796-0663

FARMYARD GAMES

Ardenwood — Staff
2-3pm, Jul 14 Su
2-3pm, Aug 11 Su
2-3pm, Aug 3 Sa
2-3pm, Aug 25 Su
Leave your modern amusements behind and try your hand at some old-fashioned fun! Hop like a bunny in sack races, pull like a bull in tug-o-war and fly like a peacock during a potato-spoon race. Bring the family and test your skill.
Info: (510) 796-0663

BERRY PICKING

Ardenwood — Christina Garcia
10:30-11:30am, Jul 20 Sa
10:30-11:30am, Aug 3 Sa
10:30-11:30am, Aug 11 Su
10:30-11:30am, Aug 18 Su
Summer's succulent blackberries are ready for picking! Bring your own berry basket and gather a bunch to take home for pies, cobblers and other summertime treats.
Info: (510) 796-0663

WHEAT HARVESTING

Ardenwood — Dave Cooke & staff
11am-3pm, Jul 27 Sa
11am-3pm, Jul 28 Su
Come see our beautifully restored, 1920s era Holt combined harvester in action. Once pulled by teams of twenty or more horses, these advanced machines cut and thresh the crop in the field, drastically reducing the labor needed to harvest the wheat crop. On this special weekend, you'll also see a stationary thresher, hay loader and hay baler at work, and be able to try your skill at old-fashioned hand tools used to separate the wheat from the chaff.
Info: (510) 796-0663

Nancy McKay

Ardenwood will host Fire Truck Day on Saturday, June 22. See modern and antique fire engines on display. Meet Smokey the Bear and learn about fire safety. Play games, enjoy crafts and squirt lots of water on this fun-filled day with America's finest firefighters.

= Wheelchair accessible program. = Parking fee may be charged. = Register by touch-tone phone. = Financial assistance is available.

JUNIOR FARMHANDS

Ardenwood Christina Garcia
10am-noon, Aug 10 Sa #2460
Children will experience the daily life of a farmhand by working in the fields and caring for the livestock. You'll collect eggs from the chicken coop, hoe the potato field, pitch hay, shovel manure and groom the goats. Expect to work hard and have fun too. 8-11yrs
Reg. Required: (510) 636-1684
Fee: $10 (non-res. $12)

FIXING FEED

Ardenwood Staff
1-2pm, Aug 3 Sa
1-2pm, Aug 24 Sa
Learn to use some old-fashioned farm machinery as you help prepare the daily feed ration for the goats, sheep and chickens.
Info: (510) 796-0663

FARM ART

Ardenwood Christina Garcia
1:30-3pm, Aug 10 Sa
Take a walk through the farmyard and gardens to collect seeds, wool, straw and other interesting materials. Learn which plants and animals provide these treasures and then use them to create a unique farm collage with our art supplies and your imagination.
Info: (510) 796-0663

CUTTING YOUR WAY TO AN HERB GARDEN

Ardenwood Tara Reinertson
11am-noon, Aug 4 Su
11am-noon, Aug 18 Su
Join us in our Victorian herb garden and learn how easy it is to make new plants from cuttings of fragrant herbs such as lavender and rosemary. Take home some lovely cuttings for your own garden.
Info: (510) 796-0663

WORKING WITH WOOL

Ardenwood Tara Reinertson
1-2:30pm, Aug 4 Su
1-2:30pm, Aug 11 Su
1-2:30pm, Aug 25 Su
See how sheep's wool is turned into yarn and cloth. Learn to use wool cards, see how a spinning wheel works, and take a turn with the drop spindle. Then give weaving a try on the table top loom.
Info: (510) 796-0663

LAUNDRY DAY

Ardenwood Staff
1-2pm, Aug 10 Sa
Step back to the days before washing machines when doing the laundry was a dreaded task. Try your hand at the dolly stick, washboard or wringer as you help us scrub our farm clothes clean.
Info: (510) 796-0663

POTATO HARVESTING

Ardenwood Garcia/Reinertson
11am-noon, Aug 24 Sa
11am-noon, Aug 25 Su
It's time for the great potato harvest at Ardenwood! Hear the history of this humble tuber and how it came to be one of the world's favorite vegetables, then dig in your spade and find some spuds to take home.
Info: (510) 796-0663

HIKES

ARDENWOOD TUESDAY TWILIGHT HIKE

Ardenwood Garcia/Reinertson
7-9pm, Aug 13 Tu
Help put the farm animals to bed, then set out to look for foxes, bats, raccoons and other wild creatures that also call the farm home. Hear the stories of the family that once lived here as we stroll through the orchards and past the crops in the fields of this 205 acre urban agricultural preserve.
Info: (510) 796-0663

Nancy McKay

Bring the kids to Ardenwood Historic Farm in Fremont to learn what what life was like on a nineteenth-century farm. They can do farm chores, harvest crops and just have fun.

VICTORIAN ERA

VICTORIAN FLOWER ARRANGING

Ardenwood Volunteers
10:15-11:30am, Apr 4-Nov 28 Th
Watch as our docents create floral works of art for display in the beautifully restored Patterson House.

LOVELY LADIES CROQUET

Ardenwood Crouquet Team
1-3pm, Jul 28 Su
1-3pm, Aug 18 Su
A proper Victorian lady wasn't always limited to watching sports from the sidelines because of the social requirements of the day. Don't miss your chance to watch an entertaining example of a "very Victorian" croquet game.
Info: (510) 796-0663

YOUTH AND FAMILY

CROQUET FOR KIDS

Ardenwood Staff
2-3pm, Aug 18 Su
Ever wonder what a wicket is? Learn how fun this old-time sport is as we set a course and play a game. Adults with children are welcome to play as partners on a team.
Info: (510) 796-0663

AMERICAN HO

SHELLMOUND OPEN HO

Coyote Hills Ou
10am-noon & 1-4pm, Jul 7 Su
Walk 1/2 mile to a village site the Tuibun Ohlone lived fo 2,000 years. Theodore W. (Mutsun Ohlone) will sho with you while Naturalist Ortiz demonstrates Ohlone basketry. They'll answer yo tions about Ohlone history.
Info: (510) 795-9385

CENTRAL CALIFORNI INDIAN COILED BASKET

Coyote Hills Ou
7-9:30pm, Jul 18, Aug 8, Sep 17, Nov 14 Th and 10am-3pm
Join Carol Bachmann (Mo and Naturalist Beverly Ort the basics of coiled basket sedge, willow and redbud. your own basket using Mew techniques: Ohlone techniq also be introduced. In Nove have an opportunity to gath sedge and, if it's ready, to gath willow. 18+yrs.
Reg. Required: (510) 636-1
Fee: $90 (non-res. $102)
Info: (510) 795-9385

SOAPROOT BRUSH-MAKING WORKSHOP

Coyote Hills Ou
10am-4pm, Jul 21 Su #2236
Learn to make your own soap

WEDNESDAY WALKS

Explore some of the unique habitats of the East Bay with our friendly walking group. Discover the natural and human history of our beautifu parklands and improve your health on a fast-paced hike. Hikers of all and abilities are welcome. Wear sturdy footwear and bring water. Hike at 9:30 a.m. For more information and complete directions, please call request a flyer. Parking fee may be charged at some locations. For more information about the hike series, and the locations, call (510) 796-0 email ardenwoo@ebparks.org.

Coyote Hills, July 3, 9:30-11:30 a.m., Christina Garcia: After a steep climb to the top of South Red Hill, catch your breath on the beautiful Meadowlark Trail along the edge of the wetlands. **Five Canyons Open Space, July 17**, 9:30-11:30 a.m., Christina Garcia: We'll explore part of the 300 acres of open space that surrounds the Five Canyons development. Meet at Don Castro Regional Recreation Area for this somewhat strenuous 5-mile hike on the Deer Canyon and Shady Canyon Trails. **Garin/ Dry Creek, July 24**, 9:30-11:30 a.m., Christina Garcia: Follow the shady banks of Dry Creek to the Meyer's Estate. Hear the story of the family that donated the land for this park on this easy 4-mile hike. Meet at the barn. **Redwood, July 31**, 9:30-11:30 a.m.: Hike through the remnants of the large forests of coast redwoods th once covered much of the Oak hills on a moderately strenuous mile hike. Meet at the Canyon Meadow Staging Area. Anothe **Chabot, August 7**, 9:30-11:3 a.m., Christina Garcia: Hike a Lake Chabot's secluded Bass Cove from Grass Valley Staging Area. There are a couple of ste sections on this 4-mile hike. In **Castro, August 21**, 9:30-11:3 a.m., Christina Garcia: Enjoy a easy two-mile walk around th scenic lake tucked into the hills. Bring binoculars to search fo nesting herons. Meet by the st lagoon entrance. **Sibley, August 28**, 9:30-11:30 a.m., Sara Ferg Explore an ancient volcano on mile hike around Round Top, million-year-old lava formation. There are a few gentle slopes t climb.

brush with Ramona Garibay (Ohlone) and Naturalist Beverly Ortiz. We'll take you out to gather the soaproot, then show you how to use the bulb and fibers to make your brush. Bring a potluck item to share. 14+yrs.
Reg. Required (510) 636-1684
Fee: $20 (non-res. $22)

SHELLMOUND OPEN HOUSE SP
Coyote Hills Ortiz/Bachmann
10am-noon & 1-4pm, Aug 4 Su
Walk 1/2 mile to a village site where the Tuibun Ohlone lived for more than 2,000 years. Carol Bachmann (Mutsun Ohlone) and Naturalist Beverly Ortiz will work on Ohlone-style baskets while they answer your questions about Ohlone history and culture.
Info: (510) 795-9385

SHELLMOUND OPEN HOUSE SP
Coyote Hills Beverly Ortiz
10am-noon & 1-4 pm, Aug 18 Su
Walk 1/2 mile to a village site where the Tuibun Ohlone lived for more than 2,000 years. Mutsun Ohlone descendants Mary and Lisa Carrier, Roberta Chew and Judy Hall and Naturalist Beverly Ortiz will discuss Ohlone history and culture. We will demonstrate tule boat making, abalone pendant making and Ohlone-style basketry. For $5 and an advance reservation, you can make your own abalone pendant and miniature tule boat.
Reg. Required: (510) 795-9385

ARTS & CRAFTS

NATURE JOURNALS SP
Coyote Hills Kristina Parkison
1-3pm, Jul 20 Sa
Learn to make and keep your own nature journal! We'll start off by making our journals with recycled paper and finish by taking a reflective nature walk through the marsh to start the journaling process. 10+yrs.
Reg. Required: (510) 795-9385
Fee: $5 (non-res. $7)

WEATHER OR NOT?
Tilden Nature Area Staff
1-2:30pm, Aug 18 Su
Why is the Bay Area so foggy? Convection, wind and the water cycle create the mysteries of weather. Stop by to find out why the weather person is sometimes right. We'll make kites and test them in the wind. 9-13yrs.
Fee: $3 **Info: (510) 525-2233**

ATHLETIC/EXERCISE

New! SUMMER SUNRISE FITNESS HIKES
Various parks Suzanne Blevins-Cordes
6:15-7:45am, Jul 2 Tu, Castle Rock #2315
6:15-7:45am, Jul 11 Th, Las Trampas #2316
6:15-7:45am, Jul 18 Th, Briones #2318
6:15-7:45am, Jul 25 Th, Briones #2320
6:15am-7:45am, Aug 1 Th, Diablo Foothills #2324
6:15-7:45am, Aug 22 Th, Briones #2325
6:15-7:45am, Aug 29 Th, Las Trampas #2319
Suzanne Blevins-Cordes (M.A., C.S.C.S.), expert in physical education, strength training, and health and fitness, will be leading early morning hikes that are sure to get you started off on the right foot! Explore the parks during sunrise and experience nature and wildlife waking up around you. There is no better way to start the day! Special Cancellation Policy applies; see page 15. 17+yrs.
Reg. Required: (510) 636-1684
Fee: $9 (non-res. $11)

WEDNESDAY "HIKE WORKOUTS"
Various parks Suzanne Blevins-Cordes
9-11am, Jul 10 Wed, Diablo Foothills #2258
9-11am, Jul 17 Wed, Las Trampas #2261
9-11am, Jul 24 Wed, Briones #2259
9-11am, Jul 31 Wed, Briones #2260
9-11am, Aug 21 Wed, Diablo Foothills #2262
9-11am, Aug 28 Wed, Las Trampas #2263
The "Hike Workout" is a fitness walking workout with the challenge of hills and varying terrain. The Regional trails provide the serenity of open space and the enjoyment of mingling with wildlife while participants get an aerobic and strength workout. Topics of discussion and handouts include health and sports nutrition as well as lifestyle enhancement to encourage balance in body, mind and spirit. Come and join us! Special Cancellation Policy applies; see page 15. 17+yrs.
Reg. Required (510) 636-1684
Fee: $9 (non-res. $11)

THURSDAY A.M. BIRDWALKS

Wildcat Canyon, Thursday, July 18, 7-9:30 a.m., Alan Kaplan–Meet at the Alvarado Staging Area for a walk into the park for a look at residents and the "summer complaints." Beginners welcome. Call if you need binoculars. 10+yrs. Info: (510) 525-2233. **Albany Bulb, Thursday, Aug. 15**, 7-9:30 a.m., Alan Kaplan–Meet at the end of Buchanan Street for a look at newly arrived shorebirds still dressed in breeding suits. We'll enjoy some artwork by "SNIFF" and others, too. Beginners welcome. Please call if you need to borrow binoculars. Info: (510) 525-2233. **Ironhouse Sanitary District, Thursday, Aug. 22**, 9 a.m.-11 a.m., Mike Moran–The migrants are coming! Warm up for the autumn spectacular with a head start of our early movers and fliers to the Delta. Reg. Required: (925) 757-2620. **Point Pinole, Thursday, Aug. 29**, 7-9:30 a.m., Alan Kaplan–We'll look seaside and landside for birds in this gem of a park. Please call if you need Binoculars. Beginners welcome. 10+yrs. Info: (510) 525-2233.

Nancy McKay

Coyote Hills Regional Park, along the bayshore in Fremont, offers a variety of naturalist-led programs. Visitors can tour a 2,000-year-old Ohlone shellmound and visit a reconstructed village site. The 3.5-mile, paved Bayview Trail encircles the hills and joins the Park District's Alameda Creek Regional Trail (seen here at right), which runs for 12 miles to Fremont's Niles District and offers access to Quarry Lakes Regional Recreation Area.

BICYCLING

INTRO TO OFF-ROAD MOUNTAIN BIKE TOURING SP
Briones Joel Albright
10am-2pm, Jul 20 Sa, Briones #2248
10am-2pm, Jul 21 Su, Briones #2249
10am-2pm, Aug 3 Sa, Briones #2253
10am-2pm, Aug 4 Su, Briones #2254
10am-2pm, Aug 10 Sa, Tilden #2250
10am-2pm, Aug 11 Su, Tilden #2251
10am-2pm, Aug 17 Sa, Tilden #2252
10am-2pm, Aug 18 Su, Tilden #2255
This is an introduction to the exciting world of off-road bike touring. Geared toward the intermediate mountain biker, this program begins with touring instruction and demonstrations of the Bob Trailer. Participants will then launch into a two-hour bike ride through the chosen Regional Park. Students will come away with beginning skills covering tour planning, camping and safety techniques, bicycle maintenance and equipment needed for a successful tour. Students will also receive literature covering all topics and techniques discussed during the program. Special Cancellation Policy applies; see page 15. 18+yrs.
Reg. Required (510) 636-1684
Fee: $70 (non-res. $78)

BIRDING

EARLY BIRDS SP
Coyote Hills Kristina Parkison
9am-11am, Jul 20 Sa
Introduce your wee ones to the joys of birding! We'll focus on what makes birds special through games and explorations. A hike through the marsh will give us an opportunity to use what we've learned. 6+yrs.
Info: (510) 795-9385

BUSY BUSY BIRDS SP
Crab Cove Joshua DeWolf
2-3pm, Aug 25 Su
Ever wonder where our wonderful shorebirds go? Come to imagine the incredible journey that these birds make every year. 5+yrs.
Reg. Required: (510) 521-6887

TUESDAY MORNING BIRDWALK
Point Isabel Alan Kaplan
7-9:30 am, Aug 27 Tu
Meet in the parking lot at the end of Rydin Road off Central Avenue (before Costco) for shorebirds in breeding plumage. Call if you need to borrow binoculars. Beginners welcome. 10+yrs.
Info: (510) 525-2233.

BOATING

LAKE DEL VALLE SCENIC BOAT TOUR SP
Del Valle Marina Staff
1-2:30pm, Jul -Aug Sats & Suns
There's no better way to enjoy Del Valle than being on the lake. Join us on a boat tour to the dam. We will answer your questions about the lake, the wildlife, and the activities available for you in the park. Bring a jacket, sunscreen and binoculars if you have them. Purchase tickets at the west-side

concession beginning at 11 am. Infants under 1 year free if in parent's arms. All children under 13 (including infants) and all non-swimming adults will be required to wear a provided flotation device. Programs may be canceled if there are five or fewer participants.
Fee: 13+ yrs. $4/1-12 yrs. $2.50
Info: (925) 862-2601

TUESDAY TWILIGHT: BOATING BY MOONLIGHT
Del Valle Marina Cindy Taylor Gateño
7-9pm, Aug 20 Tu #2494
As the sun sets in the west, we'll cruise the lake watching the wild creatures make the transition from day into night. Bring a jacket, blanket and binoculars if you have them–it gets cool and windy on the lake. Seating space in boat is limited - only those with advance reservations allowed. No drop-ins, please.
Reg. Required: (510) 636-1684
Fee: adult $6/child $4
(non-res. $8/$4)

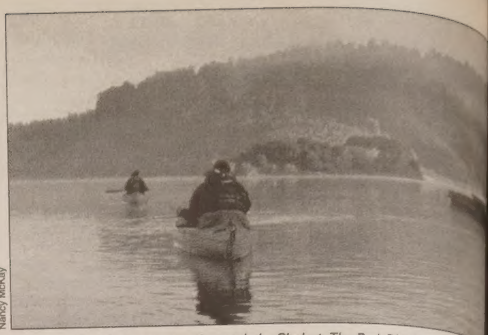
SUMMER SCIENCE WEEKS
Tilden Nature Area
Alan Kaplan
10am-4pm, Jul 1-5 M-F #2224
10am-4pm, Jul 8-12 M-F #2225
10am-4pm, Jul 29-Aug 2 M-F #2226
10am-4pm, Aug 19-23 M-F #2227
Week long sessions covering biology topics of interest to junior scientists 9-12 years old.
Insects and Plants, July 1-5: We'll count butterflies, hunt bugs, make a beetle model, meet the eight most common plant families in California, make and use a leaf-key and other indoor and out-of-doors activities.
Mammals and Birds, July 8-12: Pick apart an owl pellet, prepare a mammal baby announcement, discover your own "home range," plus observations of birds and bird feeder construction are featured this week.
Potpourri, July 29-Aug. 2: A different topic each day: plan to get at least a little wet on Pond and Stream Day. Make a "thermometer lizard" and meet a snake on Reptiles and Amphibians Day. Dino Day we will make puzzles, view a dramatic video, and play PALEO bingo. On Astronomy Day we will explore the Universe, and on Rainforests Day, look at rainforests on three continents and make a Morpho ring. **Small World and Body Biology**, Aug. 19-23: A week of human biology, and a close look at the new kingdoms of life. You'll make a paper skeleton and plot your biorhythms.
Reg.Required for all: (510) 636-1684

KAYAKING/CANOEING

INTRO TO KAYAKING
Brooks Island Current Adventures
10am-4pm, Jul 6 Sa #2297
10am-4pm, Aug 3 Sa #2298
10am-4pm, Aug 24 Sa #2299
A brief introduction to equipment and strokes with a trip through the Richmond Harbor. Paddle along Brooks Island preserved shoreline and enjoy a guided 2-mile hike around the island which is normally closed to visitors. Includes a stop for a shared potluck lunch. The trip is an easy, short paddle in stable single kayaks across sheltered bay water with spectacular views of San Francisco and the bridges. Special Cancellation Policy applies; see page 15. 14+yrs.
Reg. Required: (510) 636-1684
Fee: $85 (non-res. $95)

INTRO TO BAY PADDLING
MLK Shoreline Current Adventures
10am-4pm, Jul 7 Su #2295
10am-4pm, Aug 17 Sa #2296
Intermediate: For paddlers with previous experience such as Discover Kayaking. This is an in-depth focus on skills necessary to go paddling on your own. Learn proper strokes and maneuvers and tide/current basics while paddling on the Bay. Practice capsize recoveries and earn a certificate to rent your own kayak. The marshlands surrounding MLK Jr.shoreline offer great opportunities for viewing shorebirds while learning to navigate the Bay environment. Parent participation is required. Special Cancellation Policy applies; see page 15. 10+yrs.
Reg. Required: (510) 636-1684
Fee: $85 (non-res. $95)

BROOKS ISLAND VOYAGE
Brooks Island Dave Zuckermann
10am-2pm, Jul 7 Su #2327
Paddle the rising tide across the Richmond Harbor Channel to nearby Brooks Island. Explore the island's natural and cultural history and enjoy views from its rocky peak. For experienced boaters who can provide their own canoe or kayak, and safety gear. Rain or high winds will cancel the program. 14+ yrs.
Reg. Required: (510) 636-1684
Fee: $15 (non-res. $17)


Nancy McKay

Discover kayaking and canoeing on Lake Chabot. The Park District offers courses for beginners and intermediates, which provide opportunities to explore Lake Chabot, Brooks Island, or the bay shoreline at Martin Luther King, Jr., Regional Shoreline. See the course descriptions on this page for details.

DISCOVER KAYAKING
Lake Chabot Current Adventures
10am-2:30pm, Jul 14 Su, Lake Chabot #2288
11am-3:30pm, Jul 27 Sa, Del Valle #2291
10am-2:30pm, Aug 4 Su, Lake Chabot #2289
11am-3:30pm, Aug 18 Su, Contra Loma #2292
10am-2:30pm, Aug 31 Sa, Lake Chabot #2290
This course is the first step in learning paddle touring and sea kayaking. Get in-depth instruction for paddling in calm-water. Beginners learn about equipment selection and basic paddling techniques while touring the lake in single kayaks (double kayaks available upon request and for adult/child paddlers). Includes stop for shared potluck lunch. Certified kayak instructors lead the trip. You'll have lots of time to practice as we explore the lake. Parent participation required for youth age 5-13. Special Cancellation Policy applies; see page 15. 5+ yrs.
Reg. Required: (510) 636-1684
Fee: Adult (14+ yrs) $79/child $59
(non-res. $87/$65)

INTRO TO KAYAKING
Brooks Island Cal. Canoe & Kayak
10am-4pm, Jul 20 Sa #2256
10am-4pm, Aug 17 Sa #2257
Guided, instructional day trips to Brooks Island - an easy, short paddle in stable, single kayaks. This is an excellent introduction to kayaking for beginners and includes instruction on paddle strokes, equipment, etc. Enjoy an easy, 2-mile hike around this island preserved shoreline which is normally closed to visitors. Double kayaks available upon request. Special Cancellation Policy applies; see page 15. 14+yrs.
Reg. Required: (510) 636-1684
Fee: $70 (non-res. $78)

CAMPING/DAY-CAMP

OLD-FASHIONED CAMPFIRE
Black Diamond Mike
7:15-8:30pm, Jul 2 Tu
Sing a silly song, singe a s'more, provide all you need), see the sun and sit around the fire. Stay for of Somersville and other coal mine townsites that surround us on sidles. Sounds stupendous!
Info: (925) 757-2620

DEL VALLE CAMPFIRE PROGRAMS
Del Valle
8:30-9:30pm, Jul -Aug Fr-Sat
Join the Sunol interpretive staff educational and recreational program at the campground amphitheater campers are welcome. Please park the overflow lot behind the store campground entrance. Call for
Info: (925) 862-2601

WILD NATURE CAMP
Sunol Cindy Taylor
9:30am-1:30pm, Aug 12-16 M-F #2275
With a naturalist as your guide, explore a different wild nature each day through hikes, activities, games, crafts, songs and stories. Discover the wild world of plants, mammals, insects, snakes and who make this wilderness their "home." 5-8 yrs.
Reg Required: (510) 636-1684
Fee: $85 (non-res. $95)
Info: (925) 862-2601

ANTHONY CHABOT CAMPFIRE PROGRAMS
Anthony Chabot
8-9pm, Jul 6, 13, 20, 27, Aug 3, 24, 31 Sats
Join us at the Family Campground these fun evenings of outdoor with expert naturalists. Dress and bring marshmallows for

ter the program. Non-campers
lcome! July 6–**Summer Surprise**.
ly 13–**Terrific Trees**. July 20–**Fish**
n. July 27–**Reptiles**. Aug. 3–
reepy, Crawly Things. Aug. 10–
octurnal Animals. Aug. 17–**Goin'**
a Lion Hunt. Aug. 24–**Snakes**
live. Aug. 31–**The Night Sky**.
fo: (510) 521-6887

AMILY CAMP-OUTS
Del Valle Darci Palmquist
Sam Jul 13-noon Jul 14, Sa-Su, Del Valle #2441
Sam Jul 27-noon Jul 28, Sa-Su, Del Valle #2443
Sam Aug 3-noon Aug 4, Sa-Su, Tilden #2444
Sam Aug 17-noon Aug 18, Sa-Su, Garin #2445
Sam Aug 24-noon Aug 25, Sa-Su, Tilden #2446
Spend the night with your family in a beautiful local park, away from televisions, ringing phones, and video games! These group camping weekends are perfect for those with little or no camping experience. Single-parent and non-traditional families are especially encouraged to attend. Planned activities include a campfire, games, arts & crafts, and nature programs. Participants must supply their own bedding and tent. Meals provided. Come prepared to relax, enjoy nature, and spend quality time with your family. All minors must be accompanied by an adult. Financial assistance and tents available for low-income families. 2+ yrs.
Reg. Required: (510) 636-1684
Fee: adult $40/child$35
(non-res.$44/$39)

COAL MINING ERA

REATHOUSE VISITOR CENTER
Black Diamond
10am-4:30pm, Sats & Suns thru Nov.
View the workings of a 20th century coal mine and learn about the lives of 19th-century coal miners in the Breathouse Visitor Center. Artifacts and photographs are displayed and a video featuring former Mt. Diablo coalfield residents is shown.
Info: (925) 757-2620

HAZEL-ATLAS
LICA SAND MINE TOUR
Black Diamond
Various times, Sats & Suns thru Nov.
Explore the underground through a guided tour and learn its history, geology, and the methods used to mine the sandstone. Hour-long advance reservation tours are offered at 10 a.m., 11 a.m., 1 p.m., and 2 p.m. First come/first served tours are offered at noon and 3 p.m. only. Tours are strictly limited to ages 7 and up. 7+yrs.
Reg. Required: (510) 636-1684
Fee: $3
Info: (925) 757-2620

GRAVESTONE MEMORIES
Black Diamond Sabrina Dussau
6-7:45pm, Jul 13 Sa
Take a one-mile hike this evening to explore the life and death of a mining town. See photographs of Somersville, hear stories of the mining families, and visit historic Rose Hill cemetery. Bring water and meet in the upper parking lot at the south end of Somersville Road.
Info: (925) 757-2620

OTHER PEOPLE'S GARBAGE
Black Diamond Bob Kanagaki
1:30-2:30pm, Aug 3 Sa
View the work of UC Berkeley archaeologists at the Somersville townsite as we present a 20-minute segment from the PBS program "Odyssey." Artifacts from the excavation will be displayed. Meet in Greathouse Visitor Center. 8+yrs.
Info: (925) 757-2620

MEMORIES IN MARBLE
Black Diamond Bob Kanagaki
10am-noon, Aug 31 Sa
Investigate the lives of nineteenth century miners and their families in the Mount Diablo Coalfield. Meet in the Rose Hill Cemetery.
Info: (925) 757-2620

CULTURAL HISTORY

JEWEL LAKE EASY-WALK
Tilden Nature Area Dave Zuckermann
10:30am-noon, Jul 6 Sa
View slides of the old waterworks, then take an easy walk to explore the history of the old reservoir now called Jewel Lake. 6+yrs.
Info: (510) 525-2233

SPINNING DEMONSTRATION
Tilden Nature Area Nadia Stanis
3-4:30pm, Jul 6 Sa, Aug 25 Su
See what it takes to turn wool into beautiful yarn for knitting and weaving. We'll learn about our Black Welch Mountain Sheep, and the history of the spinning wheel.
Info: (510) 525-2233

ALHAMBRA CREEK THEN AND NOW
Martinez Shoreline Mike Moran
9:30-11am, Jul 21 Su
What do John Muir's father-in-law and striped bass have to do with this stream? Come find out the facinating old and the exciting new of this rich ribbon of water on an easy 2-mile stroll of discovery.
Reg. Required: (925) 757-2620

POTLATCH
Tilden Nature Area Megan Platt
1-2:30pm, Jul 27 Sa
Learn about native cultures and play traditional games. Bring a small item (in good shape) for trade between other children and yourself. Gear up for a festive afternoon activity! 8-11 yrs.
Reg. Required: (510) 525-2233

EDUCATORS ACADEMY

BAY HABITATS & ANIMAL ADAPTATIONS
Crab Cove Sharol Nelson-Embry
8:30am-4:30pm, Jul 16 Tu #1270
We live next to the largest estuary on the West Coast of North America! Using our new exhibit area and marine reserve, learn how to introduce your students to four Bay habitats. Rocky shore, mudflats, salt marsh and Bay waters. We'll "dive in" to learn what makes each habitat unique and which animals are especially adapted for life in each area. Explore habitats for bird, fish, crab and ghost shrimp. Meet critters up close using special equipment: binoculars, seine net, viewing scopes and more! Learn how each animal copes with flooding tides and drying sun through adaptations in body or behavior. Leave with handouts, ideas for implementation of what you've experienced, and a deeper appreciation for our exceptional estuary! Concepts correlated to State Science standards. On unit of credit available through CSUH extension for additional fee of $41 payable the day of class. (Call (510) 636-1684 for a complete listing of Educator's Academy opportunities.) 21+yrs.
Reg. Requested: (510) 636-1684
Fee: $45 (non-res. $51)
Info: (510) 521-6887

FARMS IN THE CLASSROOM
Ardenwood Fetterly/Reinertson
9:30am-4pm, Jul 17 Wed #1337
This one day workshop is designed for teachers who are planning a class field trip to Ardenwood. You will learn a variety of hands-on activities, in science, art and social studies that will bring local history and California agriculture alive in your classroom. Learn about the many agriculture resources in the Bay Area, curriculum guides that will help you meet state-standards and new creative project ideas to help your students cultivate an awareness and appreciation of agriculture. (Call (510) 636-1684 for a complete listing of Educator's Academy opportunities.) 18+yrs.
Reg Required: (510) 636-1684
Fee: $45 (non-res. $51)
Info: (510) 796-0663

MATERIAL CULTURE OF THE ANCIENT EAST BAY
Coyote Hills Kidder/Southworth
9-3:30pm, Jul 31-Aug 2 Wed-Fr #1341
Through a variety of media, you'll travel through 10,000 years of human history in Central California and four million years of developing technologies! This activity-filled workshop will feature the history, culture and lifestyles of Indians who lived here during the stone-age before metal (emphasis on Ohlones). This session is guaranteed to improve your teaching of Indian culture. You'll have an opportunity to make and/or play with games and toys of varied tribal areas. You'll also experience hunting skills, make and taste some traditional foods and learn to make cordage, basic tools, tule mats, houses and fire without matches. Ideal for 3rd to 6th grade standards. (Call (510) 636-1684 for a complete listing of Educator's Academy opportunities.)
Reg. Required: (510) 636-1684
Fee: $100 (non-res. $110)
Info: (925) 862-2601

DOWN TO EARTH IN THE VEGETABLE GARDEN
Ardenwood Bell/Reinertson/Bletz
9:30am-4pm, Aug 7 Wed #1336
Roll up your sleeves and explore the incredible (and tasty) world of an heirloom vegetable garden. Ardenwood's kitchen garden is a wonderful educational venue where we grow the same varieties of carrots, beets, cucumbers and beans that were common in California family's garden at the turn of the last century. Refresh your basic gardening skills as we weed, water, compost and harvest. Learn the

Nancy McKay

Educators Academy training sessions bring educators into the Regional Parks to get comfortable in using the parks and other outdoor environments as "classrooms" for their students. Interdisciplinary, fun, hands-on programs integrate California State Content Standards, and earn graduate-level credits from CSU-Hayward.

= Wheelchair accessible program. SP = Parking fee may be charged. = Register by touch-tone phone. = Financial assistance is available.

histories of common vegetables and how they traveled around the world. Today, most children are far removed from growing their own food. Discover strategies and activities for use in both the classroom and garden setting to re-establish that connection. You'll come away from this workshop with ideas and heirloom seeds to start your own garden! (Call (510) 636-1684 for a complete listing of Educator's Academy opportunities.) 18+yrs.
Reg. Required: (510) 636-1684
Fee: $45 (non-res. $51)
Info: (510) 796-0663

PROJECT WET
Tilden Nature Area Margaret Kelley
9am-4pm, Aug 31 Sa #1275
The only way to get this innovative curriculum (Water Education for Teachers) is to attend this fun, hands-on workshop that explores interdisciplinary activities. Ideal for K-12th grade formal and non-formal teachers.
Reg Required: (510) 636-1684
Fee: $45 (non-res. $51)
Info: (510) 525-2233

EQUESTRIAN

VALLEY NATURE RIDE $P
Sunol Staff
10:30am-11:15am, Jul 7 Su #2270
10:30am-11:15am, Jul 21 Su #2271
10am-10:45am, Aug 4 Su #2272
9:15am-10am, Aug 25 Su #2273
Enjoy an introduction to the cultural and natural history of Sunol Wilderness, then mount up for a 20-minute guided horseback ride. Meet at the Sunol Rental Corral. 6+yrs.
Reg Required: (510) 636-1684
Fee: $17 (non-res. $19); includes horse
Info: (925) 862-2601

FARMING

OPEN THE FARM
Tilden Nature Area Nadia Stanis
8:30-10:30am, Jul 6 Sa
Come learn about farm animals and how to keep them healthy as you help with morning chores. We'll check the hen house for eggs, feed the animals and clean the pens. Wear boots and dress to get dirty.
Info: (510) 525-2233

ANIMAL HOUSE
Tilden Nature Area Staff
10am-noon, Aug 18 Su
Come to the Little Farm to find out about the animals! There may even be a new baby cow to peer at! Staff will be on hand to share facts and fun.
Info: (510) 525-2233

FLYFISHING

INTRO TO FLYFISHING
Tilden, Lake Anza
7am-2pm, Jul 14 Su #2285
7am-2pm, Aug 11 Su#2286
This class is geared toward the beginning angler. Enjoy three classroom instruction where you be introduced to knots, fly selection, reading the water, and more. The spend three hours at Lake Anza practice casting with coaching from certified fly-casting instructors. Cancellation Policy applies; see 15. 18+yrs.
Reg. Required: (510) 636-1684
Fee: $60 (non-res. $66)

FOOD

SUSHI BASICS
Tilden Nature Area Linda
11:30am-2:30pm, Aug 4 Su #2
Experience the mysteries and of this ancient cuisine. Learn the natural history of many of the and animals used in making you prepare and taste seven of sushi. Parent participation for children 8-10 years old.
Reg. Required: (510) 636-1684
Fee: adult 13+ $30/senior $2
8-12 yrs $20
(non-res. $34/$29/$22)

SUSHI FOR THE MORE ADVENTUROUS
Tilden Nature Area Linda
11:30am-2:30pm, Aug 25 Su #
During this hands-on workshop will hear the history and fragile of this ancient cuisine, as you and taste several of the more variety of sushi. If you've wa taste uni, tako, spicy tuna or roll, you won't want to miss this filled, food-filled workshop. participation is necessary for 8-10 years old. 8+yrs.
Reg. Required (510) 636-1684
Fee: adult 13+ $35/senior $3
8-12 yrs $25
(non-res. $39/$34/$29

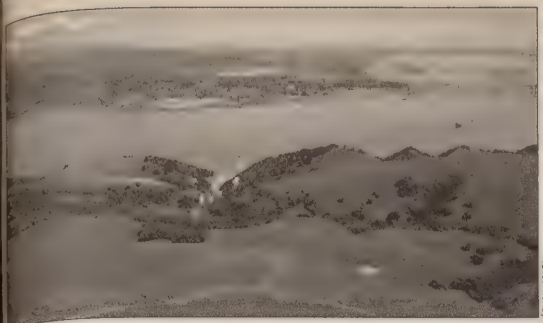
GARDENING

THE GARDEN IS OPEN
Coyote Hills
10am-4pm, Jul 13 Sa, Aug 10
Explore Coyote Hills' best kep secret—the garden for butterflies hummingbirds. This specialized wildlife habitat is open on the Saturday of each month. Enjoy "up-close and personal" encounters with flowers, caterpillars and the "flying jewels" of summer. Learn for creating a wildlife habitat in own yard.
Info: (510) 795-9385

TUESDAY TWILIGHTS

Enjoy sunset with the family in a different East Bay Regional Park on Tuesday evenings through the summer. Walks vary in difficulty and terrain. Not all programs are suitable for organized groups. Please call the naturalist(s) leading the program for more information and directions. Wear good walking shoes, bring water and a flashlight and dress for possible chilly evening breezes. For complete listing please call (925) 862-2601. Parking fee charged in some locations.

Lake Chabot, June 18, 7:15-10 p.m., Susan Ramos: Tonight we'll walk along the eastern shore to a quiet shallow area of the lake. We'll sit, watch the sunset, listen for frogs, and watch for bats. Dress warmly, bring a flashlight, and a blanket to sit on. For information call (510) 521-6887. **Morgan Territory June 25**, 5:30-7 p.m., Cindy Taylor Gateño, "Gently Rolling Landscapes": a Tuesday evening stroll for the entire family! We'll discover the natural delights of this hidden gem tucked way up in the hills above Livermore in the shadow of majestic Mount Diablo. Meet at the staging area off Morgan Territory Road. **Black Diamond, July 2**, 7:15-8:30 p.m., Mike Moran, "Old-Fashioned Campfire": sing a silly song, singe a s'more (we'll provide all you need), see the sun set, and sit around the fire. Stay for stories of Somersville and other coal mining town-sites that surround us on our sidles. Sounds stupendous! **Coyote Hills, July 9,** 7:30-9:30 p.m., Erica Oudeboon-Herron, "Hoots, Howls and Whistles": tonight's adventure will take us from a dark and murky lagoon to a "hollow" place in the hills nearby. We'll search by flashlight for creatures who call this place home and that hoot, howl or whistle as they silently fly by. **Round Valley, July 16**, 6:15-8:30 p.m., Mike Moran, Under "Bright Stars and Blue Oaks": stroll the Miwok Trail (2-3 miles and a couple of hills!) for a splendid exploration of a woodland rich in history, natural and cultural. **Sunol, July 23**, 7-10 p.m., Norm Kidder: Join a 3-mile hike up Indian Joe Creek Trail to the Cave Rocks (be prepared for some steep uphill sections). We'll return via Hayfield Road. Imagine life on the Geary Homestead and Brinker Ranch. Meet at the Visitor Center. **Mission Peak, July 30**, 7:30-9:30 p.m., Mission Peak, Erica Oudeboon-Herron, "Warm Springs": California Indians and early settlers believed the warm springs of Mission Peak provided healing properties. Tonight, we'll hike along Aqua Caliente Creek looking for signs of these ancient sites and learn more about what happened to them. Moderate 3-mile hike. Meet at the Stanford Road Staging area. (8+) For information call (925) 862-2601. **Diablo Foothills, August 6**, 6:8-30 p.m., Mike Moran, "A Creek off Diablo": we are graced with beautiful creeks right in our own backyard. Let's go traipse along Pine Creek and discover the spectacular geology, forest and wildlife that come together in this ribbon of life. Three miles with a couple of easy hills. **Ardenwood, August 13**, 7-9 p.m., Tara Reinertson and Christina Garcia:Help put the farm animals to bed, then set out to look for foxes, bats, raccoons and other wild creatures that also call the farm home. Hear the stories of the family that once lived here as we stroll through the orchards and past the crops in the fields of this 205-acre urban agricultural preserve. Info: (510) 796-0199. **Garin, August 20**, 7-9 p.m., Jan Southworth and Norm Kidder, "A Creekside and Ridgetop Ramble": we'll hike down Dry Creek, past Jordan Pond then return by way of Ridge Loop Trail with stops along the way to enjoy the views and learn a little park history. For information call (510) 795-9385. **Del Valle, August 20**, 7-9 p.m., Cindy Taylor Gateño, "Boating by Moonlight": as the sun sets in the west, we'll cruise the lake watching the wild creatures make the transition from day into night. Bring a jacket, blanket and binoculars if you have them–it gets cool and windy on the lake. Seating space in boat is limited, only those with advance reservations allowed: call (510) 636-1684. No drop-ins. **Tour boat fee**: $6/adult; $4 child 12 yrs. and under (non-res.$8 adult; $4 child under 12 yrs.). **Martinez Shoreline, August 27**, Mike Moran, 6:30-8:15 p.m., "Waxing Historical": Cool away summer's heat with an easy, flat stroll through time as we learn a wee bit about the life and times of this fascinating little port city.



Nancy Mocsay

"Hiking the Strait Skinny," an August 25 hike in Carquinez Regional Shoreline led by Black Diamond Naturalist Mike Moran, will guide participants to unparalleled hilltop vistas of the Carquinez Strait while they learn how the area's geography is intertwined with its cultural development. Naturalist-led hikes are a great way to discover the Regional Parks and learn about Bay Area ecology, plant and animal communities, geography, and ancient culture.

CHAPARRAL AND SCRUB, MAQUIS AND MATORRAL
Tilden, Botanic Garden — Alan Kaplan
10am-noon, Jul 21 Su
You'll lean what's Mediterranean about California's flora on this walk through the native plant facility in the center of Tilden Park. We'll compare it to similar plant communities in Chile and elsewhere around the world.
Info: (510) 525-2233

FLOWERS AND FRIENDS
Tilden, Botanic Garden — Alan Kaplan
10am-noon, Aug 10 Sa
If it's in flower, we'll find it today at the native plant facility in the center of Tilden Park, as we look for insect partners in pollination. Close examination of intimate flower parts will show us who does what and with which and to whom.
Info: (510) 525-2233

BUTTERFLY GARDEN
Tilden Nature Area — Staff
10am-noon, Aug 17 Sa
Learn what plants host butterflies and their larvae, and what adaptions keep them flying! Stay an extra hour and help us weed. Bring gardening gloves and prepare to get dirty.
Info: (510) 525-2233

GOLF

INTRO TO GOLF
Tilden Golf Course — Amer. Golf Corp.
9am-10am, Jul 13 Sa #2242
6-7pm, Jul 24 Wed #2243
6:30pm-7:30pm, Aug 22 Th #2244
Have fun in a relaxed atmosphere and learn the fundamentals of golf. Introductory clinic teaches pre-shot fundamentals, terminology and equipment overview, and full-swing fundamentals. Instructors will discuss how you can continue if you want to play on the course. Golf balls and lesser clubs are provided. Participants receive a free $20 range card for use at driving range and $20 off a future class at golf course. Special Cancellation Policy applies; see page 15. 14+yrs.
Reg. Required: (510) 636-1684
Fee: $50(non-res. $56)

HIKES

TRAILS CHALLENGE
Various parks
Various times
This self-guided program challenges participants to explore the Regional Parks. Trails are accessible to hikers, bicyclists, equestrians and the disabled. Register to receive the Trails Challenge Guidebook, complete with maps and descriptions of this year's 20 featured trails. Complete five trails before December 1 and receive a commemorative pin.
Reg. Required: (510)636-1684
Fee: $5 (non-res. $7)

WOMEN ON COMMON GROUND
Various parks — Katie Colbert
Various times
This is a series of naturalist-led programs for women who love to hike, camp and play in parklands, but whose concern for personal safety keeps them from enjoying their parks. For a flyer, call or write Sunol Regional Wilderness, P.O. Box 82, Sunol, CA 94586.
Info: (925) 862-2601

TRACKS ON THE TRAIL
Black Diamond — Sabrina Dussau
8:30-11:30am, Jul 6 Sa
Become an animal tracker on this hilly hike. We'll look for tracks and scat while learning about the animals that call this park home. Bring water, a snack and meet at the south end of Somersville Road. 5+yrs.
Info: (925) 757-2620

WANDERING AND WONDERING ALONG WETLANDS
Big Break Trail, Oakley — Mike Moran
9-10:30am, Jul 7 Su, Aug 4 Su
Discover the Delta's natural richness in the air, willows and water on this 2-mile dawdle along a flat paved trail.
Info: (925) 757-2620

FLAT STROLL ALONG TO FLAT WATER
Marsh Creek Trail — Mike Moran
9-11:30am, Jul 14 Su, Aug 18 Su
Take in wide open spaces as we look for the natural richness in and about the County's second biggest creek on this flat paved trail to Big Break in Oakley. Bring a snack and water.
Reg. Required: (925) 757-2620

WILDCAT CREATIVITY
Tilden Nature Area — Megan Platt
10am-noon, 12:30-2:30 pm, Jul 14 Su
Does nature inspire you? We will be hiking throughout the park with inspiration in mind! Bring journals, cameras, sketch pads, etc., a lunch and water. We will be stopping along the way for time to create! Join us for all or part of the program. 16+yrs.
Info: (510) 525-2233

TRAILS CHALLENGE NATURE WALK I
Temescal — Nancy Krebs
9am-10:30am, Aug 4 Su
Stretch your legs and your mind on this easy one-mile nature walk around Lake Temescal. We'll look at the park's natural resources with a manager's eye. At the same time take steps toward earning your 2002 Trails Challenge pin. Annually, East Bay Regional Park District invites you to hike just five of 20 trails featured for the year, and receive a Trails Challenge pin. Hike today and you have only four more to complete! Call for directions.
Info: (510) 521-6887

REDWOOD WALK
Redwood — Gail Broesder
2:30-4:30pm, Aug 10 Sa
Feeling frazzled? Are there too many things to do and not enough time? Revitalize yourself by going for a walk among the redwoods. Discover the history of the East Bay's redwood forest and how this area helped to build Oakland and San Francisco. It's a great place to escape and easy to get to. Meet at Skyline Gate.
Info: (510) 521-6887

CAMPGROUND TO LAKE
Anthony Chabot — Gail Broesder
2:30-4:30pm, Aug 17 Sa
Meet at the campground amphitheater for a wonderful walk with a Naturalist. We will talk about the history of the lake, plants, and animals along the way. Bring water. Call for information or directions.
Info: (510) 521-6887

TRAILS CHALLENGE NATURE WALK II
Roberts — Nancy Krebs
9am-10:30am, Aug 18 Su
Explore the habitats along West Ridge and Graham Trails. At the same time take steps toward earning your 2002 Trails Challenge pin. Annually, East Bay Regional Park District invites you to hike just five of 20 trails featured for the year, and receive a Trails Challenge pin. Hike today and you have only four more to complete! Call for directions.
Info: (510) 521-6887

HIKING THE STRAIT SKINNY
Carquinez Strait — Mike Moran
9am-noon, Aug 25 Su
One of the grandest vistas in the state awaits your gaze on this moderately strenuous hike. We'll share the splendor of California geography and how it has shaped the nature and culture of the Golden State.
Reg. Required.
Reg Required: (925) 757-2620

MUSIC CONCERTS

EVENING CONCERT AT THE COVE
Crab Cove — Staff
5:30-7:30pm, Jul 12 Fr
Enjoy rhythm and blues covers with "Second Nature". Extended hours at the Visitor Center information desk plus family activities on the deck and the beautiful views of San Francisco Bay make our concerts extra special. Be sure to check out our preview of the new exhibit area coming this year. Bring your blanket or lawn chair; food and beverages available for purchase. Sponsored by the West Alameda Business Association and East Bay Regional Park District.
Info: (510) 521-6887

EVENING CONCERT
Black Diamond — Staff
7-9pm, Jul 20 Sa
Enjoy the music of I Buono Amici, who will play an evening of traditional and modern music from all regions of Italy. This blend of guitar, mandolin, gondola and vocals is sure to tell a story to your heart and bring a smile to your face. $7 parking fee per car.
Info: (925) 757-2620

EVENING CONCERT AT THE COVE
Crab Cove — Staff
5:30-7:30pm, Aug 9 Fr
"Zydeco Flames" brings their Cajun tunes sure to make you want to kick up your heels! Extended hours at the Visitor Center information desk plus family activities on the deck and the beautiful views of San Francisco Bay

= Wheelchair accessible program. SP = Parking fee may be charged. = Register by touch-tone phone. = Financial assistance is available.

Nancy McKay

Volunteers help make the Regional Parks and shorelines more enjoyable for everyone, and for the creatures that call the wildland and open space home. Adults and kids pitch in thousands of hours annually to help Park District staff with everything from beach cleanups and trail rehabilitation to habitat enhancement and helping the visually impaired to enjoy hikes in the parks. Volunteers are honored each year with special awards and a "thank-you" barbecue.

make our concerts extra special. Be sure to check out our preview of the new exhibit area coming this year. Bring your blanket or lawn chair; food and beverages available for purchase. Sponsored by the West Alameda Business Association and East Bay Regional Park District.
Info: (510) 521-6887

ALHAMBRA VALLEY BAND
Tilden Nature Area — Alan Kaplan
2-4pm, Aug 11 Su
The Alhambra Valley Band has been delighting audiences throughout California for more than 10 years. Come enjoy their combination of lively traditional bluegrass and original newgrass music. Played on mandolin, fiddle, guitar, bass, banjo and dobro.
Info: (510) 525-2233

EVENING CONCERT: ALHAMBRA VALLEY BAND
Black Diamond — Staff
7-9pm, Aug 17 Sa
Join us for a delightful evening of lively, traditional, foot-tapping music. Featured at many festivals, the group performs a mix of bluegrass, American folk, and traditional styles of music and song. $7 parking fee.
Info: (925) 757-2620

NATURAL HISTORY

SEAWEED
Crab Cove — Ashley Gilmore
2-3pm, Jul 7 Su
Learn about the many different ways we use seaweed in our daily lives then take a walk on the beach and look for seaweed at Crab Cove. Then come back and try some tasty seaweed snacks!
Reg. Required: (510) 521-6887
Fee: $3

HEEBIE JEEBIES?
Tilden Nature Area — Megan Platt
10am-noon, Jul 13 Sa
Do bugs make you squirm? Do they fascinate you? Bring your courage and curiosity as we walk the park in search of "creepy" crawlies. Stay an extra hour and for $2 make an "insect" novelty that won't make you shudder! 7-10 yrs.
Reg. Required: (510) 525-2233

FUNDAMENTALS OF ECOLOGY
Tilden Nature Area — Megan Platt
1-3pm, Jul 13 Sa
Using Jewel Lake as a sample natural system, we will be discussing fundamental theories of ecology. If you ever wondered how Mother Nature fits it all together, stop by for a walk and talk! 14+yrs.
Info: (510) 525-2233

EYE OF NEWT
Tilden Nature Area — Megan Platt
10-11:30am, Jul 27 Sa
We will search the premises for amphibian life, whether it be salamander or frog. We'll learn about their life history traits, as well as what makes them so important. Dress for mess! 7+yrs.
Info: (510) 525-2233

EIGHT FAMILIES WALK
Tilden Nature Area — Alan Kaplan
2-4pm, Aug 10 Sa
More than half of California's flowering plants belong to just these groups; mustards, lilies, scrophs, composites, sedges, buckwheats, peas and grasses. We'll look for them (and sample some edibles) on this walk.
Info: (510) 525-2233

THERE'S MORE THAN DIRT IN THAT DIRT!
Tilden Nature Area — Staff
1-2:30pm, Aug 17 Sa
Let's get hands on and dirty as we explore the microcosms in our garden and elsewhere. Tiny bugs, bacteria and worms break it all down and build soil for us!
Info: (510) 525-2233

SUN-DAY ON SATURDAY?
Anthony Chabot — Gail Broesder
2:30-4pm, Aug 24 Sa
Where would we be without the Sun? We'll bask in its rays and explore just a few of the things that it does for us. Enjoy a sunny game at Chabot campground, and learn about solar cooking.
Reg. Required: (510) 521-6887

WATER, WATER EVERYWHERE
Temescal — Gail Broesder
2:30-4pm, Aug 31 Sa
Where does all the water come from and where is it going? We'll walk around the lake exploring its past and present. Meet at Parking lot by South Play area, off Broadway Terrace in Oakland.
Info: (510) 521-6887

RESOURCE CONSERVATION

BEACH CLEANUP
Crab Cove — Danilo Aguilar
1:30-2:30pm, Jul 28 Su
Who doesn't love a beautiful, clean beach? Come help clean the beach and find out where waste comes from and what you can do to help stop ocean pollution.
Reg. Required: (510) 521-6887

POND CLEANUP
Crab Cove — Ashley Gilmore
2-3pm, Aug 4 Su
Come join us in cleaning garbage out of the pond! Observe pond wildlife while creating a safer habitat for humans and animals alike!
Reg. Required: (510) 521-6887

SENIORS

SOMERSVILLE VAN AND MINE TOUR
Black Diamond — Bob Kanagaki
10:30am-noon, Aug 10 Sa #2488
10:30am-noon, Aug 24 Sa #2489
Let our van carry you through the old coal mining townsite and up to a walking tour of the Hazel-Atlas Sand Mine. 55+yrs.
Reg. Required: (510) 636-1684
Fee: $3
Info: (925) 757-2620

STARGAZING

FULL MOON WALK
Tilden
7-9:30pm, Jul 24 Wed
We'll walk out the Nimitz W[illegible] Inspiration Point off W[illegible] Road in Tilden to see [illegible] rise, observe the summer [illegible] return with Luna to light [illegible] Learn about the visible [illegible] stories behind the constellations [illegible] could be cold and windy; please [illegible] appropriately.
Info: (510) 525-2233

NEW MOON WALK
Tilden Nature Area
7-9:30pm, Aug 7 Wed
We'll walk to the top of Wildcat [illegible] for a great view of the Bay [illegible] dusk, and stay to see the stars [illegible] out. Discover the moon's main [illegible] mysteries and learn its impact [illegible] world. It could be cold and wind[illegible] please dress appropriately.
Info: (510) 525-2233

TAKE A SHOWER TONIGHT
Tilden Nature Area
7-10pm, Aug 11 Su
It's the night of the Perseid's [illegible] After an introduction to summer [illegible] and showers, we'll walk into [illegible] Canyon to look for St. Lawrence [illegible] Tears. It could be cold; please [illegible] appropriately.
Info: (510) 525-2233

VOLUNTEER

REGIONAL IN NATURE MAILING VOLUNTEERS
District Headquarters — Sylv[illegible]
9-11:30am, Aug. 14 Wed, Oct. [illegible]
Help us prepare our Regional [illegible] (RIN) Activities Guide for [illegible] Senior Centers, libraries, recreation centers, etc. Come to our RIN [illegible] ing party" to help get the Activities Guide out to those who might otherwise miss out on the many programs and services that the Park District offers. We work on August 14 and October 16. Refreshments [illegible] vided. For information, [illegible] Pulido at (510) 544-2540, [illegible] spulido@ebparks.org.
Info: (510) 581-3385

PUBLIC SAFETY VOLUNTEER
On-going volunteer program [illegible] District staff in the delivery of [illegible] services, which include, educating users about trail safety, assisting [illegible] helicopter with rescues and medical care; supplementing police [illegible] activities and incident response. Certifications and/or training are required for some programs. For [illegible] Medics–Officer White, Info [illegible] 785-3370. Reserve Police Offic[illegible]

Hall, Info: (510) 544-3131. Trail Safety Patrol Groups: Bicycle Patrol, Hiking Patrol, Companion Dog Patrol, Mounted Patrol–Patrick Balizan, Info: (510) 544-3133.

PARK/TRAIL GUIDES
Various parks
Various times
Guides are needed to assist the visually impaired in hiking on Regional Parks trails. Training provided by Bay Area Outreach Recreation Program. For information call Rick Spittler: (510) 849-4663. 18+yrs.

HELPING THE BIRDS AND BUTTERFLIES
Coyote Hills — Jan Southworth
9:30-11:30am, Jul 13 Sa, Aug 10 Sa
Weeding, pruning, planting, feeding birds, sweeping paths and washing fountains–important tasks must be done to maintain our garden paradise for wildlife. Join our band of volunteers working to enhance wildlife habitat. Learn while you work.
Reg. Required: (510) 795-9385

WILDLIFE VOLUNTEERS: FOREST OF FUTURE SP
Coyote Hills — Doc Quack
3-5:30pm, Jul 21 Su
During this fun-filled opportunity you'll discover the "nutty wildlife truths" about oak trees, and help the world breath easier by planting and caring for trees. Each tree planter will receive a "Forest of the Future" patch.
Reg. Required: (510) 544-2320
Info: (510) 795-9385

AT BAT!
Tilden Nature Area — Megan Platt
10am-2pm, Jul 28 Su
Learn about the virtues of being a flying mammal, why people are scared of them and how we can help! Protect these important creatures. We will also attempt to produce a few bat boxes for the park! 12+yrs.
Reg. Required: (510) 525-2233

TRAIL WORK DAYS–IVAN DICKSON PROGRAM
Anthony Chabot — Terry Noonan
8:30am-1pm, Aug 10 Sa
Help with trail rehabilitation; including erosion control, light pruning, trail tread improvements. Tools and lunch are provided. Participants should wear sturdy shoes and long sleeved shirts. Bring gloves, water, and snacks. No dogs, please. 10+yrs.
Reg. Required: (510) 544-2631

WILDLIFE VOLUNTEERS: ITS YOUR TERN
Hayward Shoreline — Doc Quack
2:5pm, Aug 11 Su
Join our merry band on an exciting adventure over land and water to help create California Least Tern nesting sites. You'll make new friends, peer into the world of wildlife and earn your Least Tern Habitat Helper patch. 7+yrs.
Reg. Required: (510) 544-2320

YOUTH & FAMILY

OUTDOOR DISCOVERIES
Sunol — Naturalists
10-11:30am, Thursdays
Children 3-5 years and an adult are invited to discover the summertime wonders of nature with a naturalist as your guide. Different topics each week. Sessions filled by application. Enrollment limited. Call for space availability for summer programs. Call for fall programs.
Reg. Required: (925) 862-2601
Fee: $5/session/child (non-res. $7)

WILDERNESS EXPLORERS/ TREKKERS
Sunol — Naturalists
Call for dates, times
Children in grades K-6 will explore the world of birds, bugs, bouncing butterflies, slithering snakes and other wilderness beasts during a series of afterschool and some morning adventures. Parental participation usually optional; may be required for some programs. Enrollment limited. Call for space availability for summer programs. Call for fall programs.
Reg. Required: (925) 862-2601
Fee: $5/session/child (non-res. $7)

ADVENTURES IN NATURE
Locations vary — Cindy Taylor Gateño
Call for dates, times
Join us for this new series of outdoor learning adventures for children in grades K-6 who love to hike and learn about the natural wonders of their local "backyard" parks. With a naturalist as your guide, explore a new park or trail each week. Wear a hat and sturdy hiking shoes. Adult participation required (one for every 3 children).
Reg. Required: (925) 862-2601
Fee: $5/session/child (non-res. $7)

GOOEY GEOLOGY SP
Coyote Hills — Kristina Parkison
9:30-11:30am, Jul 6 Sa
Lip smacking lava? Mouthwatering metamorphic rocks? Join us for an edible exploration of the science of geology! We'll learn about the different classifications of rocks through "mouths-on" experiments. 5+yrs.
Reg. Required: (510) 795-9385
Fee: $3

NATURE TALES
Garin — Kristina Parkison
1-3pm, Jul 6 Sa
Enjoy a relaxing afternoon with a nature hike and stories. We'll explore scenic vistas throughout Garin and read stories at each place as a way to connect and learn natural history. Have a favorite nature story? Bring it to share!
Info: (510) 795-9385

Nancy McKay

Swimming at Lake Del Valle outside Livermore is a summertime favorite. Del Valle Regional Park has two lifeguarded swim beaches and a boat ramp for launching private watercraft. Rental facilites offer canoes and kayaks, Hobie Cats, sailboats and sailboards, paddle boats, rowboats, motor boats, and patio boats. Guided lake tours are also offered. Equestrians, bicyclists and hikers enjoy more than 30 miles of trails in the 4,300-acre park.

SUMMER SURPRISE
Crab Cove — Staff
2-3:30pm, Jul 6 Sa
10-11:30am, Jul 7 Su
Did you know what products contain seaweed? You'll be astonished and delighted to find out how this key ingredient to bay and ocean food chains is used by humans, too! Come see what surprises await you at the Visitor Center!
Reg. Required: (510) 521-6887
Fee: $2

ROCK 'N ROLL AT WILDCAT CREEK
Tilden Nature Area — Dave Zuckermann
2-3:30pm, Jul 6 Sa
Explore a river-bed, gather stones, discover their origin, and learn how the land was shaped.
Info: (510) 525-2233

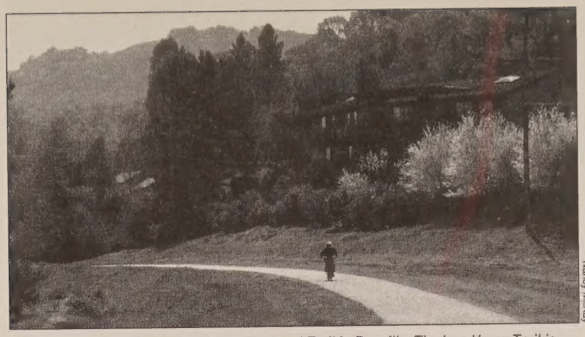
SCIENCE FOR TYKES
Sunol, Cindy Taylor Gateno
1:30-3pm, Aug 25 Su #2341
10-11:30am, Aug 31 Sa #2343
Aug. 25: Wet and Wild– Budding aquatic entomologists and their families are invited on an exciting and wet adventure in Alameda Creek to investigate the amazing adaptations of aquatic insects and other creek critters. Wear shoes and clothes that can get wet. Bring a change of clothes. 4-8 yrs. **Aug. 31: Fun in the Sun**–Harness the power of our closest star today as we learn about solar power, make our own solar ovens and cook up a sunny snack. Parental participation mandatory (sharp cutting tools involved). 4-8 yrs.
Reg. Required: (925) 862-2601
Fee: $5 (non-res. $7)

COYOTE CUBS SP
Coyote Hills — Kristina Parkison
10-11:30am, Jul 9 Tu
10-11:30am, Jul 23 Tu
10-11:30am, Aug 13 Tu
10-11:30am, Aug 27 Tu
If your child loves nature, don't miss this opportunity to explore plants and animals. We'll learn through stories, games and activities. 3-5yrs.
Reg. Required: (510) 795-9385
Fee: $5 (non-res. $7)

SOLAR FUN! SP
Crab Cove — Staff
2-3:30pm, Jul 13 Sa
The sun is our closest star! Whether it's foggy or warm outside, the sun is important to us! Come find out what this glowing giant provides for our planet and see how we can harness its energy for fun.
Reg. Required: (510) 521-6887
Fee: $3

MINUS TIDE EXPLORATION SP
Crab Cove — Staff
10am-noon, Jul 14 Su
Discoveries abound while the tide is out–way out! Your naturalist guide will reveal an abundance of life to experience up close! Learn why the Bay is such a great place to call home–for them and us!
Info: (510) 521-6887

SHARKS!
Crab Cove — Joshua DeWolf
2-3pm, Jul 14 Su
Bring your imaginations as we explore the exciting world of sharks. Learn about the sharks who are native to our bay! 4+yrs.
Reg. Required: (510) 521-6887



Nancy McKay

A bicyclist on the 14-mile Iron Horse Regional Trail in Danville. The Iron Horse Trail is part of a web of inter- and intra-park Regional Trails stretching from Martinez southward to Pleasanton. Interagency trail connections with Contra Costa Water District, East Bay Municipal Utility District and Mt. Diablo State Park trails provide access to Morgan Territory and Round Valley Regional Preserves and Los Vaqueros Reservoir in eastern Contra Costa County, San Pablo Reservoir and Tilden Regional Park in the Berkeley hills, and the Upper San Leandro Reservoir and Redwood and Chabot Regional Parks and beyond in Alameda County.

ECO EXPLORERS

Coyote Hills — Kristina Parkison
9:30am-12:30pm, Jul 16-19 Tu-Fr #2269
9:30am-12:30pm, Aug 20-23 Tu-Fr #2314
Become a junior biologist by discovering the world of plants and animals through hands-on investigations. We'll focus on habitats, animal interactions and behaviors through activities and projects. Discover the unique ecology of the grassland and marshland habitats. 7-12 yrs.
Reg. Required: (510) 636-1684
Fee: $65 (non-res. $73)
Info: (510) 795-9385

KIDS AND CRITTERS SCIENCE CAMP

Coyote Hills — Jan Southworth
1-4pm, Jul 17-19 Wed-Fr #2294
Are you nuts about nature, wild about wilderness? Do snakes make you smile? Are you in love with lizards? A friend of frogs? A buddy of birds and butterflies? If so, join us for 3 afternoons of up close and personal encounters with wildlife as we explore garden, marsh, meadow and hillside. Each day includes snacks, crafts and nature hikes. 7-10 yrs.
Reg. Required: (510) 636-1684
Fee: $60 (non-res. $66)
Info: (510) 795-9385

FISHY FUN!

Crab Cove — Staff
2-3:30pm, Jul 20 Sa
Living underwater, swishing by your feet, fish are fascinating, come meet them . . . what a treat!
Info: (510) 521-6887

PONDS ARE PLACES WHERE BABIES GROW UP

Tilden Nature Area — Alan Kaplan
2-4pm, Jul 21 Su
Big insects start off small, and aquatic insects need a wet place to do their growing in. With nets and the Discovery Scope, we'll look at creatures in the water just before they "graduate" and get their wings.
Info: (510) 525-2233

WEE ONES TO MARSH CREEK AND BIG BREAK

Creekside Park, Brentwood — Mike Moran
9:15-10:15am, Jul 23 Tu
9:15-10:15am, Aug 13 Tu
Pack up the stroller and those who stroll for an easy creekside or wetland stroll and nature exploration on a flat pave trail.
Reg. Required: (925) 757-2620

REPTILE RENDEZVOUS

Crab Cove — Staff
2-3:30pm, Jul 27 Sa
They've got cold blood and scaley skin. Come meet our resident reptiles. Learn about their fascinating ways of life and watch a special video. Then take a walk to view the park's wild turtles. You'll leave saying with us, "Reptiles are radical."
Reg. Required: (510) 521-6887

LOW TIDE EXPLORATION

Crab Cove — Staff
10-11:30am, Jul 28 Su
The edges of the Bay are much more than smelly mud and slippery rocks! They're populated by an incredible array of animals and plants that live along side us. Your naturalist guide will lead you in discovering who these strange creatures are, what they need in order to live, and how we can help them and ourselves! Learn why the Bay is such a great place to call home–for them and us!
Info: (510) 521-6887

COME TO YOUR SENSES

Garin — Kristina Parkison
9:30am-noon, Aug 3 Sa
Come explore the park in an entirely new way! We'll focus on using all of our five senses to discover the wonders of nature. Taste, smell, feel, hear and see Garin like never before. 5+ yrs.
Info: (510) 795-9385

NATURAL COMPASSES: ORIENTEERING FOR KIDS

Coyote Hills — Kristina Parkison
2-4pm, Aug 3 Sa
Ever wonder how birds know where they're going? Well, come find out about natural compasses and how animals use them. We'll then learn basic orienteering skills using man-made compasses. Get lost–and found–while exploring the marsh! 7-12 yrs.
Reg. Required: (510) 795-9385
Fee: $5 (non-res. $7)

SEA SQUIRTS: SPECIAL WEEKEND EDITION

Crab Cove — Staff
2-3:30pm, Aug 3 Sa
Exclusively for 3-5 year old's accompanied by an adult, Sea Squirts is a great way to discover nature with your little one. Sea Squirts offers outdoor exploration and a theme-related craft and snack while we learn about the sun.
Reg. Required: (510) 521-6887
Fee: $5 (non-res. $7)

MEET THE REPTILES

Crab Cove — Staff
2-3pm, Aug 10 Sa, 11 Su, 17 Sa, 18 Su
Sometimes feared, often misunderstood, always fascinating–come learn about the mysterious ways of our local reptiles and meet a snake and a turtle up close!
Info: (510) 521-6887

SNAKES ON SUNDAY

Anthony Chabot — Nancy Krebs
9:30-11:30am, Aug 11 Su
The endangered Alameda whipsnake with its gorgeous orange/yellow stripe, the Gopher Snake master imitator of the rattlesnake, and the Northern Pacific Rattlesnake can each be found slithering in Chabot. How lucky we are: discover why! Today we will meet a live snake, examine a snake skeleton and hike to view places essential to these snakes survival. Meet at the Anthony Chabot Amphitheater.
Info: (510) 521-6887

YOU ARE WHAT YOU EAT

Tilden Nature Area — Nadia
11am-noon, Aug 11 Su
Did you know all the food you e comes from dirt? Discover what can do to support small farms, food and a better environment. visit the farm and even taste organic delectables. 10+yrs.
Reg. Required: (510) 525-2233
Fee: $2

GOT MILK?

Tilden Nature Area — Nadia
3-4pm, Aug 17 Sa
Come meet our dairy animals how milk gets turned into chee butter and even ice cream! We about our helpful ruminants try some tasty treats.
Info: (510) 525-2233

BUTTERFLY TEA

Coyote Hills — Jan Sou
2-4pm, Aug 23 Fr #2312
2-4pm, Aug 24 Sa #2313
Enjoy afternoon tea in the Bonsai Garden. Taste an assortment of and savories including our special scones with cream and jam. Sip lemonade while you delight in the sounds of bubbling fountains, the fragrance of summer blossoms sight of birds and butterflies in Learn about butterfly and hummingbird gardening. Your participation help fund many projects and in the garden. A feast for the awaits you! 8+yrs.
Reg. Required (510) 636-1684
Fee: adult $17/child $12 (non-res. $19/$14)
Info: (510) 795-9385

ICE CREAM SOCIAL

Crab Cove — Nancy
11:30am-1pm, Aug 25 Su
Don't miss this opportunity to ice-cream the old-fashioned way cranking! Heat up as you help the ice-cream. You will forget working as we explore the world algae, a key ingredient in ice cre Our reward will be cooling down eating the finished product. Come prepared to crank!
Reg. Required: (510) 521-6887
Fee: $2

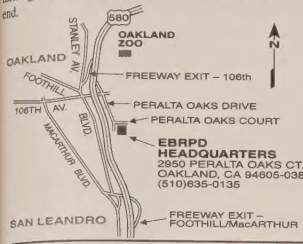
MEMBERSHIP PROGRAM

Basic Benefits: free parking, free swimming at seven lakes, members' events, members newsletter, plus benefits listed below! Call (510) 544-2203 for info.

$60 Family Membership–Basics Benefits + Dog pass, free entry to swim areas for up to six, 50 percent off on off-season (October through April) camping.
$25 Senior/Disabled/Student–Basic Benefits
$30 Single Member–Basic Benefits
$40 Senior Day Use/Boat Launch–Basic Benefits + free boat launch
$90 Senior Fishing–Free fishing (need State license)
$100 Tilden Circle–Basic + Family benefits plus an invitation to a special Members' only event.
$250 Reinhardt Circle–Tilden Circle benefits plus invitations to special programs.
$1,000 Sibley Circle–Reinhardt Circle benefits plus "behind the scenes" with a naturalist.

To reach the Central Registrations office:

From south or east of Oakland on I-580 West, take the MacArthur/Foothill exit in San Leandro. Bear right onto Foothill; turn right on 106th Ave. and right again onto Peralta Oaks Drive. Follow it to the end. From Oakland or north or west of Oakland on I-580 East, take the 106th Ave. exit in Oakland. Take the first three left turns; this will put you on 106th Ave. From 106th, turn right onto Peralta Oaks Drive and follow it to the end.



SPECIAL RECREATIONAL FACILITIES AND PROGRAMS

FACILITIES and PROGRAMS	PARK	OPERATOR	PHONE
Archery - Field and Target	Briones	Briones Archers	(510) 724-3814
Archery - Field and Target	Redwood	Redwood Bowmen Association	(510) 530-0400
Bike Rentals	Del Valle	Windsurf Del Valle	(925) 455-4008
Boat Rentals	Del Valle	Urban Park Concessionaires	(925) 449-5201
Boat Rentals	Shadow Cliffs	Shadow Cliffs Park Company	(925) 846-2344
Boat Rentals	Lake Chabot	Lake Chabot Park Company	(510) 582-2198
Camping (groups)	Various Parks	East Bay Regional Park District	(510) 562-2267
Camping (families)	D.Valle, A. Chabot, Sunol (EBRPD)		(510) 562-2267
Dog Wash	Pt. Isabel	Mudpuppies Tub & Scrub	(510) 559-8899
Expresso Coffee Service	Pt. Isabel	K-9 Coffee	(510) 527-3357
Golf, Driving Range, Food, Banquet	Lake Chabot	Willow Park Inc.	(510) 537-8989
Golf, Driving Range, Food, Banquet	Tilden	American Golf	(510) 848-7373
Hang Gliding - Experienced Flyers	Mission Peak	Wings of Rogallo	(408) 476-2227
Blacksmith	Ardenwood	Scott Thomas	(510) 790-9060
Horse Arena	Contra Loma	Association de los Charros	
Horse Arena	Martinez Shoreline	Martinez Horseman Association	(925) 228-7981
Horse Arena	Redwood	Judith Martin	(510) 336-0850
Horse Boarding Barn, Lessons	Anthony Chabot	Chabot Stables, Sara Crary	(510) 569-4428
Horse Boarding Barn, Lessons	Little Hills	Las Trampas Stables	(925) 838-7546
Horse Boarding Barn, Lessons	Redwood	Piedmont Stables	(510) 531-9944
Horse Boarding Barn, Lessons	Anthony Chabot	Skyline Ranch Equest. Center	(510) 336-0850
Horse Day Camp	Las Trampas	Las Trampas Stables	(925) 838-7546
Horse Day Camps	Castle Rock	Adventure Day Camp	(925) 937-6500
Horse Rentals, Trail Rides and Lessons	Little Hills	Las Trampas Stables	(925) 838-7546
Horse Rentals, Trail Rides	Sunol	Sunol Pack Station	(925) 862-0175
Horse Trail Rides	Wildcat Canyon	Wildcat Creek Stables	(510) 232-6344
Marksmanship - Target & Skeet	Anthony Chabot	Chabot Gun Club	(510) 569-0213
Meeting and Club Activities	Martinez Shoreline	Martinez Sportsman Club	(925) 228-5638
Meeting and Club Activities	Martinez Shoreline	Martinez Pigeon Club	(925) 228-8222
Meetings, Weddings and Banquets	Tilden Brazil Room	Regional Parks	(510) 540-0220
Meetings, Weddings and Banquets	Kennedy Grove	Regional Parks	(510) 540-0220
Merry-Go-Round, Children's Parties	Tilden	Terri Holliman	(510) 524-6773
Model Boat Facility	Ala. Creek Quar.	Model Mariners	(510) 797-5422
Model Railroad - 5 Scales and Museum	Miller Knox	Golden State Model RR Museum	(510) 234-4884
Native Plants	Tilden	NativeHere Nursery	(510) 549-0211
Native Plants	Carquinez	CREEC	(510) 787-9772
Picnics (groups)	All Parks	East Bay Regional Park District	(510) 562-2267
Picnics, Parties and Events (groups)	Castle Rock	Picnic People	(925) 462-1400
Picnics, Parties and Events (groups)	Little Hills	Picnic People	(925) 462-1400
Picnics, Weddings, Food (groups)	Ardenwood	Picnic People	(925) 462-1400
Picnics, Parties and Events (groups)	Shadow Cliffs	Picnic People	(925) 462-1400
Pony Rides, Kid's Parties, DayCamps	Tilden	Camey Thompson	(510) 527-0421
Railroad - Rides, and Museum	Ardenwood	Society to Preserve Carter Bros	(510) 796-9560
Trains - Model Steam Engines	Tilden	Golden Gate Live Steamers	(510) 486-0623
Trains - Steam Train Rides	Tilden	Redwood Valley Railroad	(510) 548-6100
Waterslide, Food, Group Picnics	Shadow Cliffs	Shadow Cliffs Association	(925) 829-5600
Windsurfing - Rentals and Lessons	Del Valle	Windsurf Del Valle	(925) 455-4008
Windsurfing - Rentals and Lessons	Contra Loma	Windsurf Diablo	(925) 778-6350
Windsurfing - Rentals and Lessons	Crown Beach	Sausalito Sailboards	(650) 331-9463

VISITOR CENTERS

ARDENWOOD
34600 Ardenwood Blvd.
Fremont, CA 94555-3645
(510) 796-0663

BLACK DIAMOND MINES
5175 Somersville Road
Antioch, CA 94509
(925) 757-2620

BOTANIC GARDEN
Tilden Regional Park
Berkeley, CA 94708
(510) 841-8732

COYOTE HILLS
8000 Patterson Ranch Rd.
Fremont, CA 94555-3502
(510) 795-9385

CRAB COVE VISITOR CENTER
1252 McKay Avenue
Alameda, CA 94501-7805
(510) 521-6887

DEL VALLE
7000 Del Valle Road
Livermore, CA 94550
(925) 862-2601

GARIN
1320 Garin Avenue
Hayward, CA 94544-6822
(510) 795-9385

SUNOL-OHLONE
P.O. Box 82 (on Geary Road)
Sunol, CA 94586
(925) 862-2601

TILDEN NATURE AREA
Environmental Education Center (EEC) at Tilden Regional Park
Berkeley, CA 94708
(510) 525-2233

SWIM FACILITIES

LAKE ANZA
Tilden Regional Park
Berkeley, CA 94708
(510) 843-2137

CONTRA LOMA
1200 Frederickson Lane
Antioch, CA 94509
(925) 757-0404

CULL CANYON
18627 Cull Canyon Road
Castro Valley, CA 94552
(510) 537-2240

DEL VALLE
7000 Del Valle Road
Livermore, CA 94550
(925) 373-0332

DON CASTRO
22400 Woodroe Ave.
Hayward, CA 94541
(510) 538-1148

QUARRY LAKES
2250 Isherwood Way
Fremont, CA 94535
(510) 795-4883

ROBERTS POOL
10570 Skyline Blvd.
Oakland, CA 94619
(510) 482-6028

SHADOW CLIFFS
2500 Stanley Blvd.
Pleasanton, CA 94566
(925) 846-3000

LAKE TEMESCAL
6502 Broadway Terrace
Oakland, CA 94610
(510) 652-1155

REGISTRATION INFORMATION

NO REGISTRATION REQUIRED–Many programs do not require registration. Simply join the instructor at the location indicated in the program description. Call the phone number listed in the program descriptions if you need further information.
IN-PARK REGISTRATION–For programs requiring registration at park sites, call the number indicated in the description. Information will be provided when you call.
CENTRAL REGISTRATION–The course codes for programs that require central registration are printed in green throughout this directory. Please refer to the instructions below for registration procedures for mail-in, walk-in, phone or fax registration.

MAIL-IN: Complete the registration form on the back cover of this directory and mail with your payment (pre-printed check or credit card) to: East Bay Regional Park District, Reservations Dept., P.O. Box 5381, Oakland, CA 94605-0381.

WALK-IN: Come to the District Headquarters between 8:30 a.m. and 5 p.m. Mondays through Fridays. We are located at 2950 Peralta Oaks Court in Oakland, next door to the Dunsmuir House and south of the Oakland Zoo off I-580. See map above.

FAX

BY FAX: Complete the registration form on the back cover and fax it to (510) 635-5502. Include all the necessary credit card information.

TOUCH TONE

24-HOUR TOUCH-TONE PHONE REGISTRATION: To register yourself or a family member using the 24-Hour Touch-Tone Registration system you must have the following information ready: **1**–Family PIN #; **2**–The Individual Customer # for each individual you register into a course; **3**–The Program Code for each program you register for, found in this Guide; **4**–Your VISA or MasterCard number and expiration date. Call (510) 544-2461 to access the 24-Hour touch tone registration line and follow the instructions.

BY PHONE: **Phone registration requires a credit card.** Call the Reservations Office between 8:00 a.m. and 6:00 p.m. Mondays through Thursdays, or 8 a.m.-4:30 p.m. on Fridays. The Reservations Office is closed on weekends and holidays. Please call the phone number for your area:

Oakland	(510) 636-1684	Hayward	(510) 538-6470
Contra Costa Co.	(925) 676-0192	Outside East Bay	(510) 636-1684
Livermore	(925) 373-0144	24-Hour Touch-Tone Phone Registration	(510) 544-2461
TDD	(510) 633-0460		

FEES: Fees must be paid in full at the time of registration. They may be paid by pre-printed check, money order, VISA, Mastercard or in cash for walk-in registration. Non-resident fees apply to anyone living outside of Alameda or Contra Costa counties. Parking or park entrance fees may be charged depending on program time and location. Ardenwood entrance fees vary depending on the event or activity. Confirm all fees when registering for a program. Many programs have **fee assistance funds available** for low-income individuals and families. For information call the registration phone numbers listed at the bottom of the previous column.
CHECK ACCEPTANCE: Pre-printed checks are accepted for mail-in registration in the Central Reservations Office until two weeks before the program takes place. Make checks payable to EBRPD. Programs registered in the parks will accept checks up until the day of the program. Returned checks will be charged an additional $15 Returned Check charge.
CREDIT CARDS: VISA MasterCard
VISA and Mastercard are accepted for all fee programs *except* those that are registered at a park. Call the phone number in program description for info.

CANCELLATION POLICY:

REFUNDS/TRANSFERS: Refunds or transfers will be processed for programs canceled because registration is below the minimum enrollment at the cutoff date, or if a program is canceled due to inclement weather or instructor illness. Please allow up to three weeks for receipt of refund. If you would prefer to transfer into another program or class and there is space available, your refund will be applied to the fee for that program or class. (See Special Cancellation Policy below for exceptions.)
IF YOU MUST CANCEL: For a full refund or credit toward another program, you must call in your cancellation at least seven days prior to the class or program. Failure to notify the Reservations Office at least seven days in advance of the program date will result in forfeiture of program fees. See Special Cancellation Policy below for exceptions.
Special Cancellation Policy: For certain programs requiring the Park District to commit a deposit or guarantee a minimum, refunds will not be available less than 14 days prior to the start of the program. In the case of cancellation due to inclement weather, a credit will be issued for a future class with the same instructor. These programs are noted by "Special Cancellation Policy applies" within the program description.

July-August 2002 Mail-in Registration

East Bay Regional Park District
Attention: Reservations
2950 Peralta Oaks Court, P.O. Box 5381
Oakland, CA 94605-0381

Clip and Mail

Name (parent or guardian if under 18) _____

Address _____

City _____ Zip _____

Day phone ( ) _____ Night phone ( ) _____

email address _____

Make checks payable to: EBRPD

☐ MasterCard ☐ VISA

____ - ____

____ - ____

Amount $ _____

Expiration date _____

Authorized signature _____

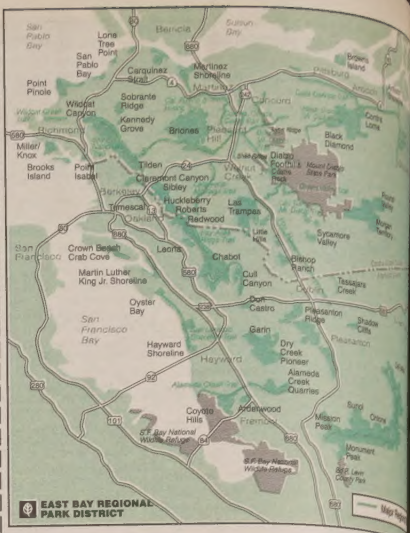
Participant's Name	Birthdate	Class Title	Code	Date	Fee
	Month/Day/Yr	First Choice			
		Second Choice			
		First Choice			
		Second Choice			
Day Camp Scholarship Fund—provides subsidized day camp experiences for inner-city youth. (Optional)					$1.00
Subscribe to this publication (Regional in Nature) (Optional)					$5.00
Submit additional registrations on an attached sheet				Total	

Signature required _____ Date _____
Parent or guardian if under 18

☐ Please check here if you are disabled and in need of special accomodations

How did you hear about our programs? ☐ TV ☐ Newspaper ☐ Visitor Center ☐ Radio ☐ Other

Office Use Amount paid _____ Check no./cash _____ Register no. _____ Staff initials



Enjoy the Benefits of Membership!

Clip and Mail

All Memberships Receive these **BASIC BENEFITS**:

✓ Free parking ✓ Free swimming at seven lakes
✓ Special members' events ✓ Members-only newsletter

Additional benefits listed below

MEMBERSHIP CATEGORIES AND ADDITIONAL BENEFITS:

Clip and Mail

- ☐ **$60 Family Membership**–BASIC + free Dog pass + free swimming for up to six + 50 percent off on off-season camping (October through April).
- ☐ **$25 Senior/Disabled/Student**–BASIC benefits
- ☐ **$30 Single Member**–BASIC benefits
- ☐ **$40 Senior Day Use/Boat Launch**–BASIC benefits + free boat launch
- ☐ **$90 Senior Fishing**– Free fishing (State license required; parking fee not included)
- ☐ **$100 Tilden Circle**–BASIC + Family Member benefits + an invitation to a special Members' only event.
- ☐ **$250 Reinhardt Circle**–BASIC + Tilden Circle benefits + invitation to special programs.
- ☐ **$1,000 Sibley Circle**–BASIC + Reinhardt Circle benefits + "Behind the Scenes" with a naturalist.

Make check payable to Regional Parks Foundation.
Mail to Regional Parks Foundation, 2950 Peralta Oaks Court, Oakland, CA 94605.

East Bay Regional Park District

East Bay Regional
Park District
2950 Peralta Oaks Court
Oakland, CA 94605-0381